



## ***Incontinence Management***

**Objective** To focus your staff on the importance of toileting and incontinence care in the prevention of pressure injuries.

**First** Ask staff how many days their unit has been since they acquired a pressure injury?

- a. If zero, ask how many days in the past week have they been without an acquired pressure injury.
- b. Congratulate each successful day!
- c. Update the Pressure Free Zone tracking wipe-off board.

### **Review**

- a. "The Barrier Reef" education lesson plan
  - i. Need: two clear bowls, red food coloring, barrier cream, paper towels or wipes
- b. The Pressure Points poster and each tip for incontinence management

### **Ask**

- a. Can you think of specific residents that need special attention to skin and incontinence care?
- b. What can you do differently in your daily routine to maintain unbroken skin your residents? (possible answers: use barrier creams after each incontinence episode, keep barrier within easy reach for staff, assess for need for toileting plan, etc.)

**Emphasize** Toileting and incontinence care are important components of preventing pressure injuries.

**Lesson** Frequent toileting and use of barrier creams after each incontinent episode promotes skin health and leads to zero acquired pressure injuries with our residents.