

## For more information, consult the following resources:

1. Standard Precautions for All Patient Care  
<http://bit.ly/2Kx33j1>
2. Guideline for Isolation Precautions: Preventing Transmission of Infectious Agents in Healthcare Settings  
<http://bit.ly/2lwYP8M>
3. Nursing Home Training Sessions  
<http://bit.ly/2WYl00y>
4. Simple Strategies for Preventing Infections: Know WHEN to Practice Hand Hygiene  
<http://bit.ly/2Y3msez>

## Every Resident, Every Time: Standard Precautions

By practicing the following standard infection control precautions with every resident, every time, you are proactively protecting yourself and your residents from the spread of infection:

1. Wash hands after contact with blood, body fluids, secretions, excretions and contaminated objects whether or not gloves are worn.
2. Wear clean gloves when touching blood, body fluids, secretions, excretions and contaminated items (i.e., soiled gowns).
3. Wear a mask, eye protection or a face shield if splashes or sprays of blood, body fluids, secretions or excretions are expected.
4. Wear a clean, non-sterile gown if resident care is likely to result in splashes or sprays of blood, body fluids, secretions or excretions. The gown is intended to protect clothing.
5. Carefully handle resident care equipment that is soiled with blood, body fluids, secretions or excretions to prevent the transfer of microorganisms to others and to the environment.
6. Carefully handle, transport and process linen that is soiled with blood, body fluids, secretions or excretions to prevent contamination of clothing and the transfer of microorganisms to others and to the environment.
7. Prevent injuries from used equipment (i.e., scalpels or needles) and place in puncture-resistant containers.

## Simple Strategies to Prevent Infections