

Quality Measure Tip Sheet

Weight Loss (Long Stay)

MDS Coding Requirements

- Include a look-back period to assess residents with 5% weight loss in 30 days and 10% or more weight loss in 180 days.
- Check the medical record and enter the weight taken within 30 days of the ARD of this assessment.
- Use mathematical rounding (i.e. if weight is X.5 pounds or more, round weight upward to the nearest whole pound).
- Compare the resident's weight at a point closest to 30 days and 180 days preceding the current weight.
- Do not consider weight fluctuations outside of these two time points.

Coding Tips

- A resident may experience weight variances in between snapshot time periods. These variances are not captured on the MDS.
- If the resident is losing a significant amount of weight, the facility should not wait for the 30 or 180 day time frame to address the problem.
- To code K0300 as 1, yes, the expressed goal of the weight loss diet or the expected weight loss of edema through the use of diuretics MUST be documented.

Ask These Questions

MDS

- Was the MDS coded per the RAI manual requirements?
- Does the staff that code this section on the MDS understand the RAI coding definitions?

Planned Weight Loss

- Is the resident on a planned weight reduction program?
- Is there a physicians order and documentation to support this?
- Is the planned weight loss care planned?

ADL Decline

- Is weight loss expected even with interventions in place?
- Is the resident care planned that weight loss is unavoidable?

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ADL Decline (continued)

- Have you discussed with the physician and family about discontinuing weighing the resident?
- If you were to stop weighing the resident and the resident lost weight would this change the resident's plan of care?