

MedsMatter!



Safe disposal of unused opioid medications is an important part of addressing the opioid epidemic.

The Health Quality Innovation Network's (HQIN) medication safety team created a program called ***Mind Your Meds*** that educates you about safe medication use and disposal to empower you to take action based on what you have learned.

The following are **4 easy steps** on how to safely use and dispose of opioids and other pain medications.

1. **Watch a short video** at: www.hqin.org/resource/mind-your-meds
2. **Offer us your feedback** at the same link.
3. **Use what you learn** to safely dispose of unused opioids and other pain medications.
4. **Share this information** with your friends and family.

 HQINetwork

 HQINetwork

 Health Quality Innovation Network



MedsMatter!



Safe disposal of unused opioid medications is an important part of addressing the opioid epidemic.

The Health Quality Innovation Network's (HQIN) medication safety team created a program called ***Mind Your Meds*** that educates you about safe medication use and disposal to empower you to take action based on what you have learned.

The following are **4 easy steps** on how to safely use and dispose of opioids and other pain medications.

1. **Watch a short video** at: www.hqin.org/resource/mind-your-meds
2. **Offer us your feedback** at the same link.
3. **Use what you learn** to safely dispose of unused opioids and other pain medications.
4. **Share this information** with your friends and family.

 HQINetwork

 HQINetwork

 Health Quality Innovation Network

