



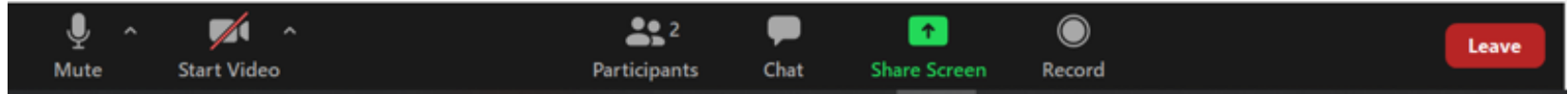
Health Quality Innovation Network

MedsMatter! Conversation Series

A Focus on Opioids

April 22, 2021

Logistics



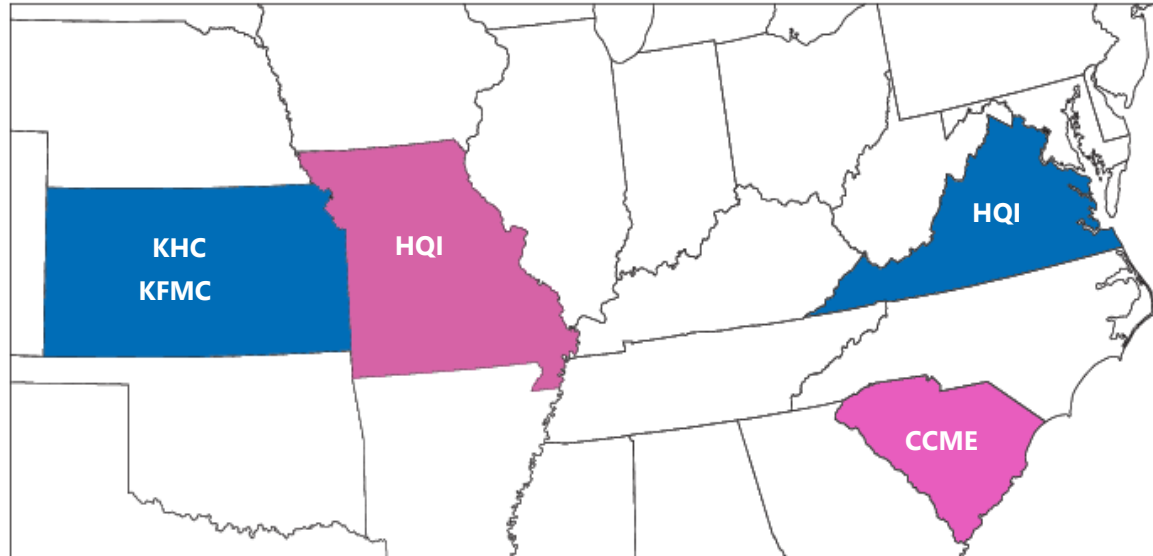
Use the **Chat** icon to type your questions or comments.

Raise your hand icon if you want to verbally ask a question.

Information from today's session will be posted in **Chat**.

You may adjust your audio by clicking the caret next to the **Mute** icon.

Health Quality Innovation Network



A Focus on Opioids: MAT



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Stephanie Ferguson, FNP-C

A Focus on Opioids: MAT



- **Integrated Health Services**
Primary care, dental care, chiropractic care, rheumatology, endocrinology, behavioral health and psychiatry, pain management, substance use treatment, and women's health services
- **15 locations serving 5 counties**
- **100+ providers**
- **50,000 patients**
- **23 FQHCs in SC, HH is 2nd largest**

HopeHealth Locations with MAT



- HopeHealth Medical Plaza
Florence, SC
- HopeHealth in Kingstree
Kingstree, SC
- HopeHealth in Manning
Manning, SC

HopeHealth's Referral Process

Substance Use Disorder Treatment

Primary care providers are in a valuable position to assess and identify patients in need of substance use disorder (SUD) treatment. The HopeHealth SUD treatment program seeks to increase the primary care provider's comfort level with evaluating patients for SUD and the referral process for our services.

SUD Screening Tools

On average, patients in need of SUD treatment can be identified by use of the Screening, Brief Intervention and Referral to Treatment (SBIRT) screening tool. According to the Substance Abuse and Mental Health Services Administration (SAMSHA), SBIRT is a comprehensive, integrated, public health approach to early intervention for individuals with risky alcohol and drug use, and referrals to more intensive SUD treatment for those with substance use disorders. If patients agree to an assessment, this tool assists the primary care provider in identifying the need for a referral for treatment.

SUD Diagnoses & Treatment

HopeHealth's SUD treatment program provides a combination of medication assisted treatment (MAT) with counseling and behavioral therapy to effectively treat substance use disorders and support recovery. Counseling and behavioral therapy is provided for all SUD patients, including opioid, alcohol, cocaine, methamphetamine, and smoking cessation cases.



Referred patients start treatment with an evaluation by a counselor and medical provider to determine the appropriate level of treatment.

MAT is most commonly provided for:

- Opioid use disorders (Suboxone, Subutex, Sublocade, Zubsolv)
- Alcohol use disorders (oral / injectable Naltrexone)

Referring Patients to SUD / MAT:

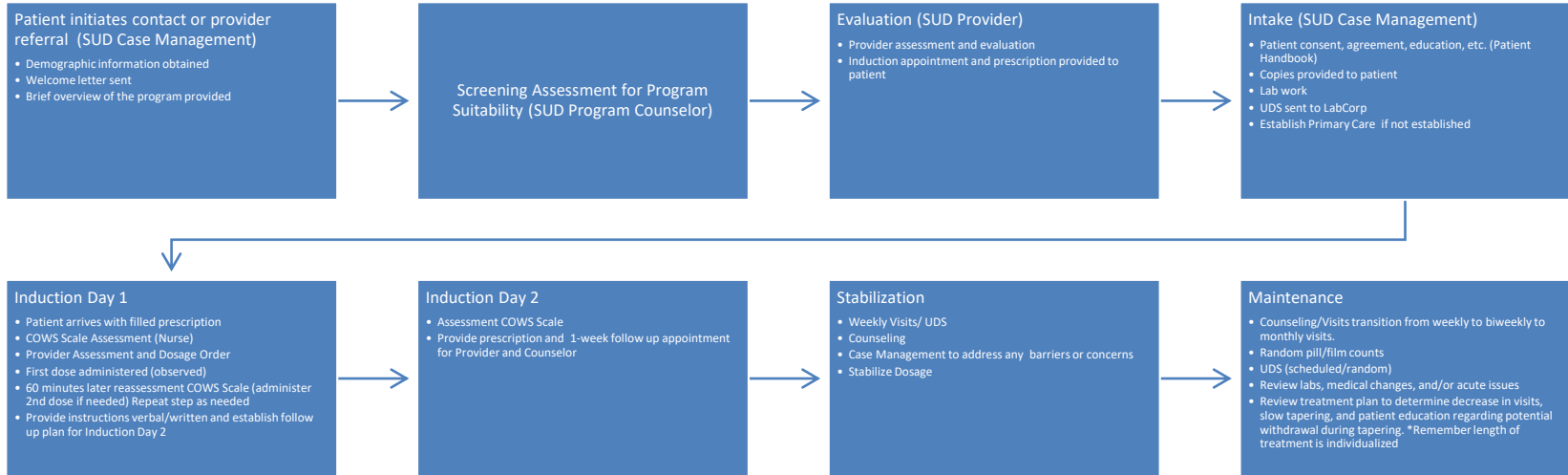
HopeHealth's providers can send referrals to the following:

- **Tara Lewis** | ext. 1805 | Medical Plaza / HopeHealth in Manning
- **Logan Burroughs** | ext. 2930 | HopeHealth in Kingstree
- External providers can fax referral requests to (843) 656-8696

For more information or if you have questions, call (843) 433-8600.

[Substance Use Disorder Treatment - HopeHealth \(hope-health.org\)](https://hopehealth.org)

HopeHealth's SUD Treatment Programmatic Flow Chart



Clinical Opiate Withdrawal Scale (COWS)



9/3/10

CLINICAL OPIATE WITHDRAWAL SCALE (COWS)

For Buprenorphine/naloxone induction: Enter scores at time zero, 1-2 h after first dose, and at additional times that buprenorphine/naloxone is given over the induction period.

	DATE/TIME:	DATE/TIME:	DATE/TIME:
Resting Pulse Rate: (record beats per minute) <i>Measured after patient is sitting/lying for one minute.</i> 0 pulse rate 80 or below 1 pulse rate 81-100 2 pulse rate 101-120 4 pulse rate greater than 120			
Sweating: <i>Over past 1/2 hour not accounted for by room temperature or patient activity.</i> 0 no report of chills or flushing 1 one subjective report of chills or flushing 2 flushed or observable moistness on face 3 beads of sweat on brow or face 4 sweat streaming off face			
Restlessness: <i>Observation during assessment.</i> 0 able to sit still 1 report difficulty sitting still, but is able to do so 2 frequent shuffling or extraneous movements of legs/arms 3 unable to sit still for more than a few seconds			
Pupil Size: 0 pupils pinned or normal size for room light 1 pupils possibly larger than normal for room light 2 pupils moderately dilated 3 pupils so dilated that only rim of the iris is visible			
Hoarse or hoarse-sounding voice: <i>If patient was hoarse prior to assessment, only the additional component attributed to opiate withdrawal is scored.</i> 0 not present 1 mild diffuse discomfort 2 patient reports severe diffuse aching of torso/muscles 3 patient is rubbing joints or muscles and is unable to sit still because of discomfort			
Runny nose or tearing: <i>Not accounted for by cold symptoms or allergies.</i> 0 not present 1 nasal stuffiness or unusually moist eyes 2 nose running or tearing 3 nose constantly running or tears streaming down cheeks			
GI Upset: <i>Over past 1/2 hour.</i> 0 no GI symptoms 1 stomach cramps 2 nausea or loose stools 3 vomiting or diarrhea 4 multiple episodes of diarrhea or vomiting			
Tremor: <i>Observation of outstretched hand.</i> 0 no tremor 1 tremor can be felt, but not observed 2 slight tremor observable 3 gross tremor or muscle twitching			
Yawning: <i>Observation during assessment.</i> 0 no yawning 1 yawning once or twice during assessment 2 yawning three or more times during assessment 3 yawning several times during assessment			
Anxiety or Irritability 0 none 1 patient reports increasing irritability or anxiousness 2 patient obviously irritable, anxious 3 patient so irritable or anxious that participation in the assessment is difficult			
Goosebump skin 0 skin is smooth 1 piloerection of skin can be felt or hairs standing up on arms 2 piloerection of skin			
Total Score			
Observer's Initials			
Blood Pressure/Pulse			
Dose of Buprenorphine/naloxone Given			

Note: Give first dose when COWS score ≥ 7
SCORE: 5-12 = Mild
13-24 = Moderate
25-36 = moderately severe
More than 36 = severe withdrawal

6/22/2015

www.aoaam.org www.aoaam.org/resources

Note: Give first dose when COWS score > 7
SCORE: 5-12 = Mild
13-24 = Moderate
25-36 = moderately severe
More than 36 = severe withdrawal

All Virtual Visits Last 18 Months

Date	MAT	Not MAT
Sep-19		16
Oct-19		20
Nov-19		16
Dec-19		11
Jan-20		17
Feb-20		19
Mar-20	6	279
Apr-20	124	4524
May-20	141	3790
Jun-20	60	1843
Jul-20	74	2141

Date	MAT	Not MAT
Aug-20	66	1880
Sep-20	53	1722
Oct-20	43	1378
Nov-20	42	1244
Dec-20	49	1768
Jan-21	91	1980
Feb-21	40	1525
Mar-21	45	1212

TOTAL

MAT

834

Not MAT

25,385

*All Virtual Visits last 18 months, Separated by MAT and Not MAT



A Focus on Opioids: MAT



Other Initiatives

- Project ECHO
Medical University of South Carolina
www.scmataccess.org
- Virginia Project ECHO
[Opioid Addiction Clinic - ECHO](http://connect.viriniaprojectecho.org)
(connect.viriniaprojectecho.org)



National Prescription Drug Take Back Day **April 24, 2021**



Locate a Collection Site Near You

Search by zip code or city/state to find a collection site near you.

Search for Year Round Pharmaceutical Disposal Locations

DEA Authorized Collectors provide year-round drop off locations to the public to dispose of unwanted pharmaceuticals.

MedsMatter! Conversation Series

Save the Dates:

12:30 p.m. EST

- **May 20, 2021:** Blue Bag Intervention
- **June 24, 2021:** Mind Your Meds

CONNECT WITH US

Call 877.731.4746 or visit www.hqin.org



@HQINetwork

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