

Think About It!

The care planning process should include efforts to stabilize, reduce, or remove underlying risk factors; to monitor the impact of interventions; and to modify interventions as appropriate.

Identify Risks/Opportunities-Review the following and conduct a cause-and-effect analysis.

- Medical conditions
- Comprehensive skin and risk assessments
- MDS/CAAs

Section B	Section J
Section C	Section K
Section D	Section M
Section GG	Section N
Section H	Section O
Section I	Section P

Set Goals

- Use the [SMART Framework](#)
- Address what you hope to accomplish
 - Improvement
 - Remain the same
- Realistic for both resident and Interdisciplinary Team (IDT)
- Reflect resident's goals

Interventions Should:

- Enable resident to meet his/her goals
- Address the opportunity/risk
- Be realistic
- Be person-centered

Monitor for Progress

Review the care plan

- After MDS completion
- When resident preferences or goals change
- When resident's condition changes
- When a risk becomes a reality
- When resident/representative declines services/treatments

Modify the care plan

- To address response to new condition or treatment
- Decide if IDT is going to:
 - Continue Plan
 - Modify Plan
 - Eliminate Plan
- Identify care or service being declined and IDT efforts to educate and provide alternatives

Simple Strategies for Pressure Injury Care Planning