

do one thing *differently*

Simple Strategies to Prevent C. diff



Know WHEN to Practice Hand Hygiene

- Before and after physical contact with a patient
- Before donning gloves and after removing gloves
- After handling soiled or contaminated items and equipment, including linens
- Before performing invasive procedures
- Before handling sterile or clean supplies
- When hands are visibly dirty or soiled with blood and/or bodily fluids*
- After care of a patient with known or suspected infectious diarrhea*
- Before and after eating or handling food*
- After personal use of bathroom*

**Situations where soap and water is preferred over alcohol-based hand rub*

To help promote the health benefits of proper handwashing in your organization, view the [CDC Hand Hygiene Guidance](#).