



Community Support Contacts

Resources to help you in your time of need.

FOOD

Apply for SNAP or WIC benefits 1.855.635.4370

Helps pay for food for eligible individuals/families.

Regional Hunger Hotline (Feed More) 804.521.2500

Connection to local food pantry or soup kitchen within one business day.

Text **"FOOD"** or **"COMIDA"** to **877-877** to find free meals for your kids today (through No Kid Hungry).

LIVING SITUATION

Better Housing Coalition 804.644.0546

Helps to find housing choices for renters and buyers and has programs to support their residents.

Central Virginia Legal Aid Society 804.648.1012

Provides free legal assistance to low income or elderly clients in a variety of areas, including consumer (bankruptcy, debt), elder law, employment, family (custody/divorce), housing (evictions), and public benefits.

Eviction Diversion Program/Hotline 1.833.633.8428 #4

Helps tenants with housing stability and avoid unnecessary evictions.

Housing Resource Line 804.422.5061

Navigates housing needs of families and individuals in the Richmond metro region, including legal issues, financial assistance, housing discrimination, homeownership, eviction and foreclosure prevention, rental options and more.

Regional Housing Crisis Line 804.972.0813

Provides emergency/temporary housing within three days of losing housing or for those currently experiencing homelessness.

Richmond Redevelopment and Housing Authority 804.780.4200

Learn about safe and affordable housing options for families, seniors, and individuals living with disabilities.

Virginia Housing Search www.virginiahousingsearch.com

Free resource to search for homes and apartments available for rent. Search by criteria that fits your needs and budget.

TRANSPORTATION

Access Chesterfield Call to apply: 804.706.2796

Reduced cost transportation for individuals with disabilities, low-income and seniors 60+. (Open to Chesterfield residents only.)

GRTC Care Van

To apply, call: 877.232.7433 or visit www.ADAride.com

Reduced cost transportation for individuals with disabilities and seniors 80+. (Open to Henrico and Richmond City residents only.)

Hanover DASH 804.365.3274

Countywide specialized transportation service for residents of Hanover County age 60+ or those with a short-term or long-term disability.

Senior Connections 804.672.4495

Provides GRTC bus tickets for seniors and adults living with disabilities.

Ways to Work 804.888.8229

Help for eligible adults to get a loan to purchase a car.

SAFETY

Greater Richmond Region Helpline 804.612.6126

Free, confidential help for those experiencing domestic/sexual violence.

SAFETY (CONTINUED)

Greater Richmond SCAN (Stop Child Abuse Now)

804.257.7226

Support for families who have gone through child abuse or neglect, or families at high risk.

LGBTQ Partner Abuse Hotline

1.800.356.6998 (Phone) | 804.793.9999 (Text)

Supports those affected by intimate partner violence who identify as LGBTQ.

National Suicide Prevention Hotline **1.800.273.TALK (8255)**

24/7 crisis line for those who are suicidal or in emotional distress.

UTILITIES

Energy Assistance (seasonal heating and cooling help):

1-855-635-4370

For emergency heating and cooling assistance, contact Department of Social Services:

Chesterfield: 804.748.1100

Hanover: 804.365.4100

Henrico: 804.501.4001

Richmond: 804.646.7000

Salvation Army Energy Assistance **804.225.7470 #0**

Financial assistance for heating and cooling. Assistance based on locality. Call on Mondays at 8:30am to determine funding availability.

EMPLOYMENT

CAPUP **804.788.0050 ext. 149**

Offers career counseling and coaching for job seekers in the capital region.

Commonwealth Catholic Charities **804.285.5986**

Job training, job placement and small business development.

Goodwill Central and Coastal Virginia **804.521.4918**

Education and specialized job training services.

Snagajob Flexible shift work.

www.snagajob.com/shifts/workers

Virginia Career Works, Henrico: **804.652.3233**

Chesterfield, Hanover, Richmond: 804.652.3241

Help completing job applications, writing resumes and cover letters, career counseling, creating an employment plan, interview skills training, career and skills testing and referrals to specialized services.

Virginia Employment Commission **804.652.3241**

Provides resources for job seekers, connect with potential employers, search for jobs, and find training opportunities.

MENTAL HEALTH AND SUBSTANCE ABUSE

Chesterfield Mental Health Support Services **804.748.1227**

Crisis Services 804.748.6356

Provider of mental health, developmental disabilities and substance use disorder services for children and adults in Chesterfield County.

Child Savers **804.644.9590**

Mental health services for children who experience trauma.

Daily Planet Health Services **804.783.0678**

Provides mental health counseling (one-on-one and group), substance use counseling, and psychiatric medication management and evaluation.

EMS of Virginia **804.332.5696**

Provides mental health skill-building, homeless prevention, intensive in-home counseling, mentoring services, and more.

Hanover Community Service Board **804.365.4222**

Crisis Services 804.365.4200

Provides prevention, treatment, employment and support services for Hanover residents and their families related to mental health, substance use and developmental disabilities.

Henrico Mental Health and Developmental Services

Access Services 804.727.8515 Crisis Services 804.727.8484

Serves people experiencing the effects of or at risk for mental illness, developmental disabilities and substance use disorders and children with developmental delay.

National Alliance on Mental Illness Central VA **804.285.1749**

Provides education, support and resources for individuals and families living with mental illness.

Richmond Behavioral Health Authority **804.819.4000**

Crisis Services 804.819.4100

Services for mental health/substance use. (Richmond City only)

MISCELLANEOUS

ChildCare Aware bit.ly/3rr4Uaw

Childcare resources and information.

Resources for Independent Living **804.353.6503 ext. 116**

Assists people with disabilities to live independently in the community with needed services and support in place.

NEED ADDITIONAL HELP?

Call 211 or search resources through Aunt Bertha at www.auntbertha.com.