





Health Quality Innovation Network



**Antimicrobial Stewardship**  
**Summer Camp 2022**

**June 30 ☀ July 29 ☀ August 31**

*Thank you*

# Virginia HAI Advisory Group; Antimicrobial Stewardship Workgroup



[HAI Advisory Group - HAIAR \(virginia.gov\)](http://virginia.gov)

# Logistics – Zoom Meeting



To ask questions, click on the **Chat** icon. At the end of the presentation, you will also be able to unmute to ask a question verbally.

You may adjust your audio by clicking the caret next to the **Mute** icon.

Resources from today's session will be shared after the call.

# Health Quality Innovation Network

## Today's Presenter



### **Shaina Bernard, PharmD, BCPS**

Antimicrobial Resistance Coordinator  
Healthcare-Associated Infections (HAI) and  
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Division of Clinical Epidemiology (DCE)  
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Virginia Department of Health



Health Quality Innovation Network

# Antimicrobial Stewardship Data

July 29, 2022



**Antimicrobial Stewardship**

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# Agenda

1

Outline key metrics to assess the impact of an antibiotic stewardship program

2

Discuss current antibiotic use measuring and reporting via CDC-NHSN's AU module

3

Review example case studies using data to improve AS interventions

# Why are data important to Antimicrobial Stewardship (AS)?





# Types of AS Measures

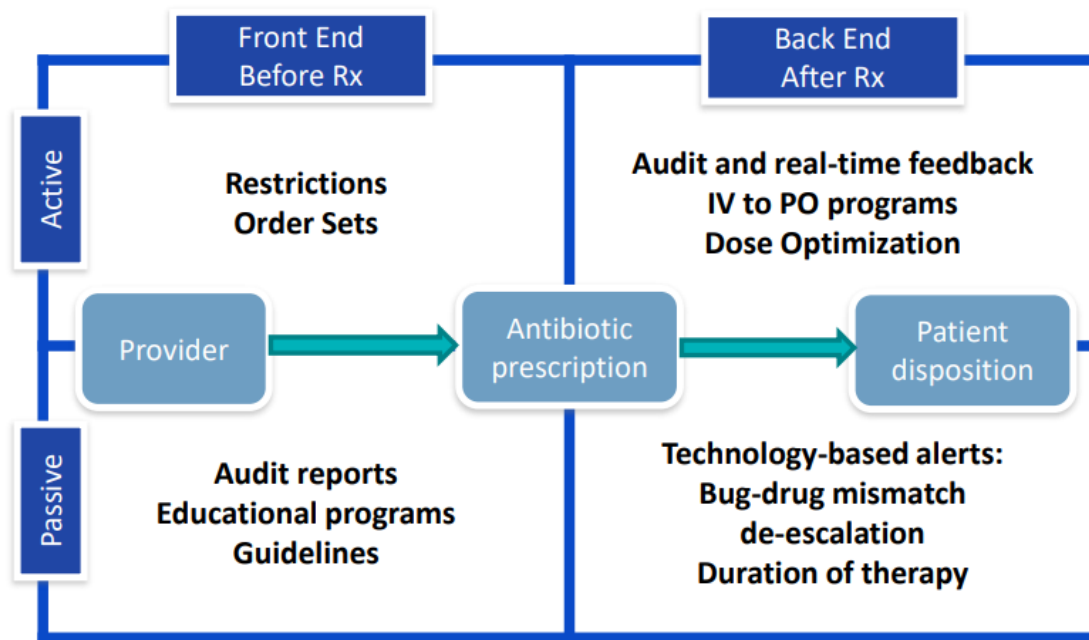
Metrics Category	Examples
Outcomes (vs. 'Balance' measure)	Mortality (inpatient), length of stay, rate of readmission
Unintended consequences (microbial outcomes)	Resistance, HAIs
Process measures	Proportion of: ASP recommendations followed; guideline adherence; number of ASP alerts acted on
Appropriateness	Right drug, dose, route, schedule and duration
Antibiotic Cost	\$\$ spent on purchasing, dispensing or administered antibiotics (normalized per patient days or admission)
Antibiotic utilization (AU)	Days of Therapy (DOT)

All metrics categories are included in the CDC Core Elements

# Successful implementation of the CDC Core Elements requires data

- Leadership commitment/accountability
  - Quality improvement projects
  - Reporting structure with facility leadership
- Action
  - Antimicrobial targets for intervention
- Tracking
  - Antimicrobial use
  - Process measures
  - Outcome measures
- Reporting
  - Aligns with tracking element
- Education
  - Academic detailing

# Types of interventions should guide metrics



Adapted from Moerhing RW Anderson DJ, Curr Infect Dis Rep 2012; 14(6):592-600

# AS Data Sources

Metrics Category	Data Sources	Example Professional Collaboration
Outcomes (vs. 'Balance' measure)	<ul style="list-style-type: none"><li>- CMS tracking</li></ul>	<ul style="list-style-type: none"><li>- Quality Improvement/Safety Officer</li><li>- Information Technology</li></ul>
Unintended consequences (microbial outcomes)	<ul style="list-style-type: none"><li>- NHSN HAI data</li><li>- Micro data (antibiograms)</li></ul>	<ul style="list-style-type: none"><li>- Infection Prevention</li><li>- Microbiology</li></ul>
Process measures	<ul style="list-style-type: none"><li>- Medication Use Evaluation</li><li>- EHR</li><li>- ASP Internal Tracking System</li></ul>	<ul style="list-style-type: none"><li>- Students/learners</li><li>- Information Technology</li></ul>
Antibiotic utilization (AU)	<ul style="list-style-type: none"><li>- EHR/Pharmacy system</li></ul>	<ul style="list-style-type: none"><li>- Information Technology</li></ul>

# AS Measurement Issues

## Resistance measurement

- Changes in resistance may take time and may not be reflected in antibiogram
- Community bacterial isolates influence

## Outcomes

- Many confounding factors for mortality, LOS

## Antimicrobial Use

- Squeezing the balloon
- "Zero" is not the goal
- Needs to be adjusted by census

## Cost

- Economic endpoints should be used to complement other stewardship goals
- Drug costs can vary
- Expect a plateau

## Appropriateness

- Historically difficult to define
- Increase in research/publications

The ultimate key is to have a measure that is useful for stewardship activities, meaningful to providers and that can be tracked over time to assess improvements



# Process Measures

# Poll Question

How often do you report ASP process measures to hospital leadership?

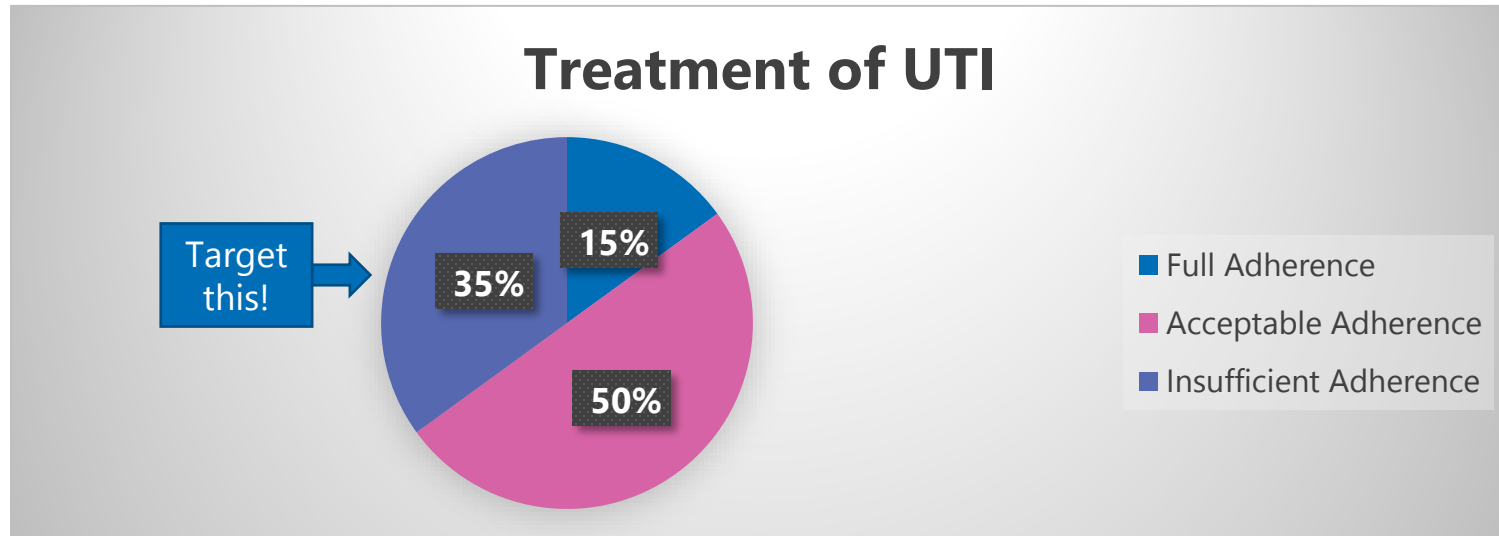
- A. Monthly
- B. Quarterly
- C. Annually
- D. Other
- E. Do not report process measures to hospital leadership
- F. Don't know



# Process Measures by AS Intervention

Action Element	What to Measure	Considerations
Prospective audit and feedback	<ul style="list-style-type: none"><li>- Number of charts reviewed or alerts reviewed</li><li>- Number by type of intervention recommended</li></ul>	<ul style="list-style-type: none"><li>- Computer decision support options for tracking</li><li>- Can stratify by categories (bug-drug mismatch, antibiotics for &gt;72 hours)</li></ul>
Antimicrobial restriction	<ul style="list-style-type: none"><li>- Number of calls/requests</li><li>- Number of approvals or denials</li><li>- Categorize denials</li></ul>	<ul style="list-style-type: none"><li>- Who all has authority to "approve/deny"</li></ul>
Facility-specific guidance	<ul style="list-style-type: none"><li>- Number of guidance documents created and reviewed annually</li><li>- Percent adherence to guidance</li></ul>	<ul style="list-style-type: none"><li>- Embedded in order sets or standalone documents</li><li>- Indications for use</li></ul>

# Example: Adherence to Facility-specific treatment guidance



# Example AS Intervention Categories

- ☐ Recommended discontinuing antibiotics
- ☐ Recommended broadening antibiotic coverage
- ☐ Recommended de-escalating antibiotics
- ☐ Recommended no change
- ☐ Recommended switch to different antibiotic (similar spectrum of activity)
- ☐ Recommended dose optimization
- ☐ Recommended ID consult



Can easily and systematically show value by tracking these categories and reporting to leadership

# Example: Implementing Antibiotic Time-outs

## Setting

- Self-Stewardship Time-out Project for Broad- Spectrum Antibiotics (SSTOP Broad-Spectrum Antibiotics) project was implemented at a tertiary care teaching hospital within a large Southern California Veterans Affairs (VA) health care system

## Implementation

- Targeted vancomycin and piperacillin-tazobactam
- Antibiotic time-outs were introduced stepwise to new services on an approximately monthly basis, starting with vancomycin time-outs on the general medicine services

## Intervention

- Electronic Antimicrobial Dashboard
- Antibiotic Time-out Templates
- Social Marketing and Educational Program

## Outcome Measurement

- Electronic Chart Review for Time-out Outcomes and Guideline Concordance
- Usability Survey

# Usability Survey

- Adaption of the System Usability Scale (SUS) to evaluate the usability and usefulness of the dashboard reports
  - The SUS is a publically available 10-item usability scale known for its broad applicability and easy administration and interpretation

2. I found that using the *templates* for self-approval [from disagree strongly (1) to agree strongly (7)]:

Made ordering renewals more difficult than calling someone for approval. \_\_\_\_  
Increased my feelings of autonomy. \_\_\_\_  
Increased my workload. \_\_\_\_  
Decreased my confidence about decisions regarding antibiotics. \_\_\_\_  
Improved discussions about antibiotic use during rounds. \_\_\_\_  
Decreased conflict with pharmacist. \_\_\_\_  
Increased the likelihood of making a good antibiotic ordering decision. \_\_\_\_  
I intend to use the templates for self-approval frequently. \_\_\_\_  
Comments \_\_\_\_\_

**Key Message: Tailor your measurement!**

I found the Antibiotic Informational Online *educational content* to be [from disagree strongly (1) to agree strongly (7)]:

Easy to use. \_\_\_\_  
Easy to access. \_\_\_\_  
Unnecessarily complex. \_\_\_\_  
Useful in everyday practice. \_\_\_\_  
Comments \_\_\_\_\_

Overall, based on your experience, the entire Antibiotic Renewal Program is:

Undesirable	1	2	3	4	5	6	7	Desirable
Negative	1	2	3	4	5	6	7	Positive
Not at all helpful	1	2	3	4	5	6	7	Very helpful

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4750836/>

# Antimicrobial Usage

# AU Measurement Approaches

- Antimicrobial use (AU) data

- Total use measure
- Appropriateness of use
- Cost



IDSA and CDC both recommend using Days of Therapy as the preferred AU measure

- Stratification categories

- Drug class
- Provider type
- Syndrome/diagnosis
- Hospital unit



Stratification can help target areas for improvement and make interventions more manageable

- Approaches to measurement

- NHSN Antimicrobial Use Module
- "Home-grown" tracking method
- Point prevalence survey



CDC recommends using the NHSN Antimicrobial Use Module

# Poll Question

What is your facility's approach to tracking antimicrobial use

- a. Use NHSN AU Module
- b. Use "Homegrown System"
- c. Use EHR reports or other electronic system
- d. Use Point Prevalence Survey
- e. Other tracking method
- f. Don't know
- g. No tracking exists



# NHSN AU Option

National Healthcare Safety Network (NHSN) is CDC's system for tracking and reporting healthcare-associated infections

- Objectives
  - Monitor and improve antimicrobial prescribing
  - Identify, understand, and respond to antimicrobial resistance patterns or trends
  - Requires barcode medication administration data or electronic medication administration records to be extracted
  - Cost and time commitment involved
- Key features
  - Data usable by submitting hospitals, CDC, state public health agencies
  - Single set of technical specifications and standard definitions
- Electronic data
  - Medication administration data
  - Admission and transfer data
  - No personal identifiers

## Flow of Antibiotic Use Data AUR Module



Medication administration  
record data



Health IT Vendor  
Services/Software

Extracted along with  
admission and discharge data



Formatted  
and submitted  
electronically



Stored on NHSN  
Servers



Hospital staff can access and analyze  
using NHSN-platform tools, and/or  
download data for further analysis

# NHSN AU Measurement

Based on Days of Therapy (administered) per 1000 patient days present

- Days of therapy
  - Barcode medication administration
- Days Present
  - Time period during which a given patient is at risk for antimicrobial exposure in a given patient location
    - Census data by facility and wards/units

<https://www.cdc.gov/nhsn/psc/aur/index.html>

# Example Days of Therapy Calculation

**Table 1. Example eMAR for patient housed in Medical Ward**

Medical Ward	Monday December 28	Tuesday December 29	Wednesday December 30
Meropenem 1g intravenously every 8 hours	Given: 2300	Given: 0700 Given: 1500 Given: 2300	Given: 0700
Amikacin 1000mg intravenously every 24 hours	Given: 2300	Given: 2300	

**Table 2. Example of calculation of antimicrobial days**

Calculation	Monday December 28	Tuesday December 29	Wednesday December 30
Drug-specific Antimicrobial Days (total)	Meropenem Days = 1 Amikacin Days = 1	Meropenem Days = 1 Amikacin Days = 1	Meropenem Days = 1 Amikacin Days = 0
Drug-specific Antimicrobial Days Stratified by Route of Administration	Meropenem Days (IV) = 1 Amikacin Days (IV) = 1	Meropenem Days <sup>a</sup> (IV) = 1 Amikacin Days (IV) = 1	Meropenem Days (IV) = 1 Amikacin Days (IV) = 0

<sup>a</sup> Please note, despite receiving three administrations of Meropenem on December 29, the patient only contributed one total Meropenem antimicrobial day per calendar day.

# Locations

## Adult Locations

- All adult locations
- Medical Ward
- Med-Surgical Ward
- Surgical Ward
- Medical ICU
- Med-Surgical ICU
- Surgical ICU
- Step Down Units
- General Heme-Onc Ward

## Pediatric Locations

- All pediatric locations
- Medical Ward
- Med-Surgical Ward
- Surgical Ward
- Medical ICU
- Med-Surgical ICU

## Neonatal Locations

- Step down Neonatal Nursery
- Neonatal Critical Care (Level II/III)
- Neonatal Critical Care (Level III)
- Neonatal Critical Care (Level IV)

# NHSN AU:Location-specific and Facility-wide Inpatient Metrics

## Patient Care Location-Specific Analyses

### Rate of Antimicrobial Days per 1,000 Days Present

$$\frac{\text{Drug specific antimicrobial days per patient care location per month}}{\text{Days present per patient care location per month}} \times 1000$$

#### Notes:

- One patient can contribute only one day present per calendar day for each specific location.
- Summed total may be higher when compared to facility-wide count (reflecting transfers between locations).

Can download graphs from NHSN for different time periods, antimicrobial agents, and patient locations

## Facility-wide Inpatient Analyses

### Rate of Antimicrobial Days per 1,000 Days Present

$$\frac{\text{Drug specific antimicrobial days for all inpatient units in a facility per month}}{\text{Days present per facility wide inpatient per month}} \times 1000$$

#### Notes:

- One patient can contribute only one day present per calendar day for a facility. Thus, one denominator is obtained for all inpatient locations in an entire facility.
- The day present measure for facility-wide inpatient should be lower when compared to sum total from location-specific comparison.
- Only include inpatient units where both the antimicrobial days (numerator) and the days present (denominator) can be accurately electronically captured.
- Exclude outpatient locations.

### Rate of Antimicrobial Days per 100 Admissions

$$\frac{\text{Drug specific antimicrobial days for inpatient units in a facility per month}}{\text{Admissions per facility wide inpatient per month}} \times 100$$

#### Notes:

- Only calculated for facility-wide inpatient for the AU Option.
- Only include inpatient units where both the antimicrobial days (numerator) and the days present and admissions (denominators) can be accurately electronically captured.
- Exclude outpatient locations.

# NHSN AU Module

Main advantage of submitting data to NHSN AU Module (compared to other AU tracking methods) is the ability to benchmark!

- Benchmarking
  - Comparison of AU measures to internal or external standards
  - Recommended as a key part of hospital ASP
  - Helps identify AU outliers, target interventions, track over time
  - Makes comparison of hospitals more meaningful by controlling for inter-hospital differences

NHSN uses the Standardized Antibiotic Administration Ratio (SAAR) for benchmarking

# Standardized Antimicrobial Administration Ratio (SAAR)

SAAR is an Observed-to-Predicted ratio

Days of therapy reported by a healthcare facility for a specified category of antimicrobial agents in a specified patient care location or group of locations

Days of therapy predicted on the basis of nationally aggregated AU data for a healthcare facility's use of a specified category of antimicrobial agents in a specified patient care location or group of locations



# SAAR Predictive Model

## **Factors assessed in 2017 baseline adult and pediatric SAAR predictive models:**

- Patient care location type
- Facility type
- Hospital teaching status
- Hospital bed-size
- Number of ICU beds
- Percentage of ICU beds, calculated as  $(\text{ICU beds} / \text{total hospital beds}) \times 100$
- Average facility length of stay (LOS), calculated as  $(\text{annual patient days} / \text{annual admissions})$

# SAAR Reports

## Total of 47 possible SAARs

- 22 antimicrobial agent categories
  - 7 adult, 8 pediatric, and 7 neonatal
- 17 specific NHSN location types
  - 8 adult, 5 pediatric, and 4 neonatal

SAARs can be produced by month, quarter, half year, or year or cumulative time periods.

# Antimicrobial Categories

## Adult Categories

- All antibacterial agents
- Broad spectrum antibacterial agents predominantly used for hospital-onset infections (BSHO)
- Broad spectrum antibacterial agents predominantly used for community-acquired infections (BCA)
- Antibacterial agents predominantly used for resistant Gram-positive infections (e.g., MRSA)
- Narrow spectrum beta-lactam agents (NSBL)
- Antibacterial agents posing the highest risk for CDI (not mutually exclusive, agents may overlap with other categories)
- Antifungal agents predominantly used for invasive candidiasis

## Pediatric Categories

- All antibacterial agents
- Broad spectrum antibacterial agents predominantly used for hospital-onset infections
- Broad spectrum antibacterial agents predominantly used for community-acquired infections
- Antibacterial agents predominantly used for resistant Gram-positive infections (e.g., MRSA)
- Narrow spectrum beta-lactam agents
- Azithromycin
- Antibacterial agents posing the highest risk for CDI (not mutually exclusive, agents may overlap with other categories)
- Antifungal agents predominantly used for invasive candidiasis

## Neonatal Categories

- All neonatal antibacterial agents
- Vancomycin predominantly used for treatment of late-onset sepsis
- Broad spectrum antibacterial agents predominantly used for hospital-onset infections
- Third generation Cephalosporins
- Ampicillin predominantly used for treatment of early-onset sepsis
- Aminoglycosides predominantly used for treatment of early-onset and late-onset sepsis
- Fluconazole predominantly used for candidiasis

# Adult Antibiotic Groupings by SAAR

## **Adult Broad spectrum antibacterial agents predominantly used for hospital-onset infections (BSHO)**

- Amikacin (IV only)
- Aztreonam (IV only)
- Cefepime
- Ceftazidime
- Doripenem
- Gentamicin (IV Only)
- Imipenem/cilastatin
- Meropenem
- Piperacillin/tazobactam
- Tobramycin (IV only)

## **Adult Broad spectrum antibacterial agents predominantly used for community-acquired infections (BSCA)**

- Cefaclor
- Cefdinir
- Cefixime
- Cefotaxime
- Cefpodoxime
- Cefprozil
- Ceftriaxone
- Cefuroxime
- Ciprofloxacin
- Ertapenem
- Gemifloxacin
- Levofloxacin
- Moxifloxacin

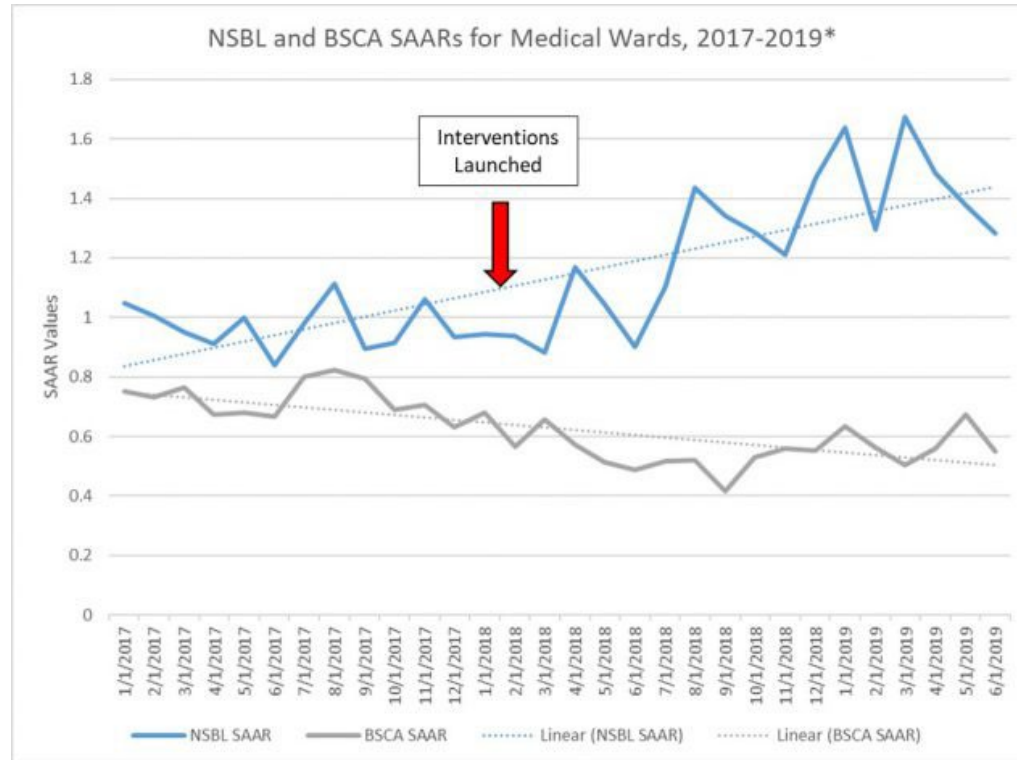
Full list of antimicrobials included in each category can be found on page 27 of the [NHSN AUR Protocol](#)

# Interpreting SAAR

- A SAAR  $> 1.0$  indicates greater antimicrobial than predicted
- A SAAR  $= 1.0$  indicates antimicrobial use equivalent to predicted use
- A SAAR  $< 1.0$  indicates less antimicrobial use than predicted

Note: A SAAR is not a definitive measure of appropriateness of antimicrobial use; any SAAR value may warrant additional investigation

# Example SAAR Graph



# CDC guidance for AS on using data

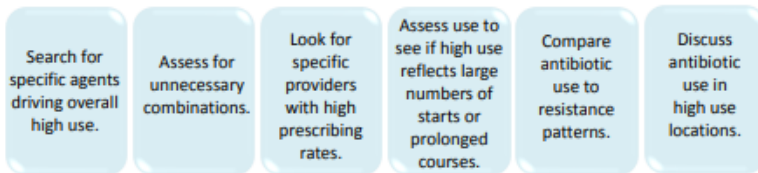
- Use guidance in conjunction with the SAAR to target assessments in areas where use is unexpectedly high
- Could still find this tool useful to assess higher than expected levels of antibiotic use even if your facility is NOT submitting to NHSN
- This tool might also help antibiotic stewardship programs find opportunities for improvement, even in locations where antibiotic use is within expected levels
- Guidance intended to identify areas where the potential for improvement is high based on previous studies and experience
- Ideally, these assessments will be driven by local data on antibiotic use

<https://www.cdc.gov/antibiotic-use/healthcare/pdfs/Strategies-to-assess-antibiotic-use-in-hospitals-508.pdf>

SAAR or other indicators of antibiotic use show  
higher than expected values



### General Assessments

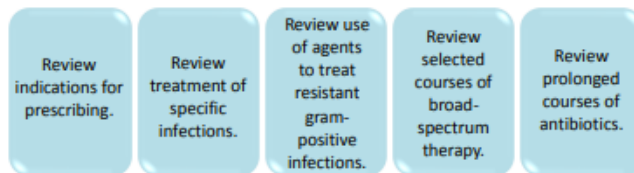


Narrow investigation targets



Medication use evaluations

### Detailed Reviews



### Stewardship Actions





# Using The Data: Examples

# Using Cost to Evaluate an Intervention

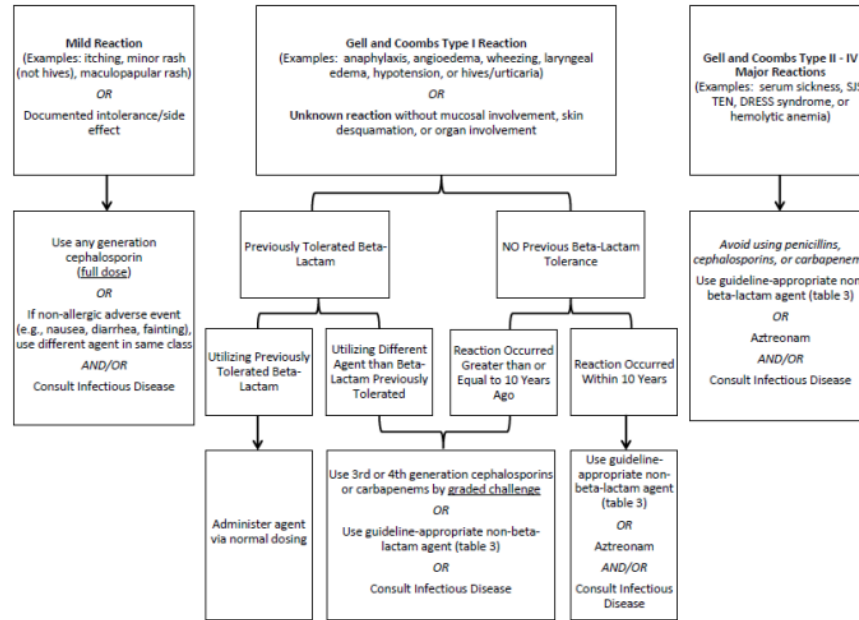
## The Problem

ASP Pharmacist notices a high percentage of patients on aztreonam while conducting prospective audit and feedback

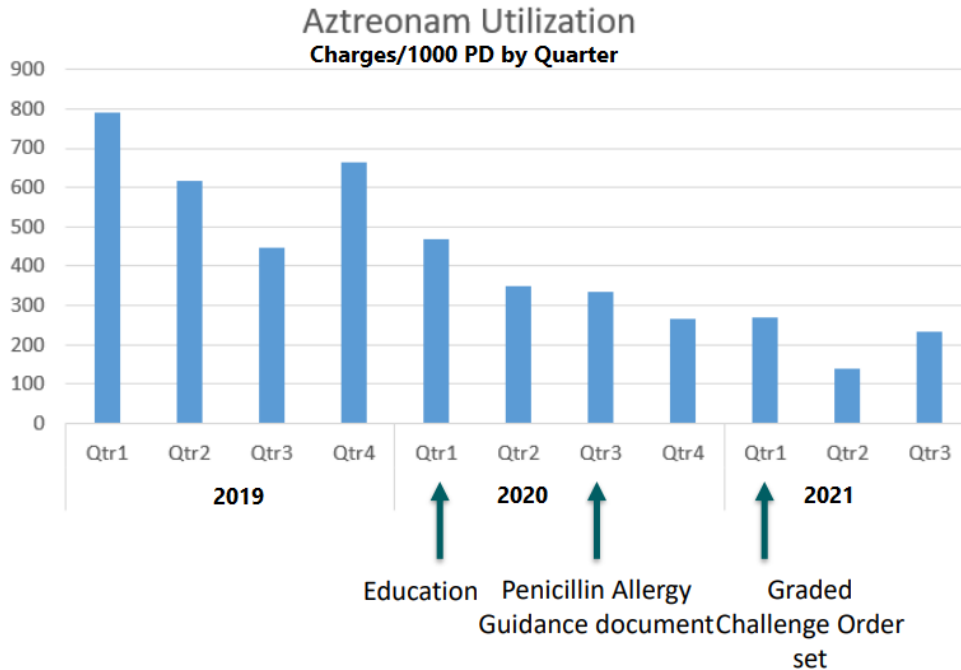
## The Intervention

1. ASP Pharmacist reviews guidance/best practice for beta-lactam allergy
2. Phase 1 – conduct in-service
3. Phase 2 – create guidelines and get buy-in from QI/Nursing/P&T
4. Phase 3 – use guidelines to create order set

# Allergy Assessment & Graded Challenge



# Using Cost to Evaluate an Intervention



# Using SAAR to Decrease FQ Use

## The Problem

Wilson Medical Center, a 145 bed facility located in Eastern North Carolina noted the highest SAAR values were for the BSCA category in both the ICUs and wards

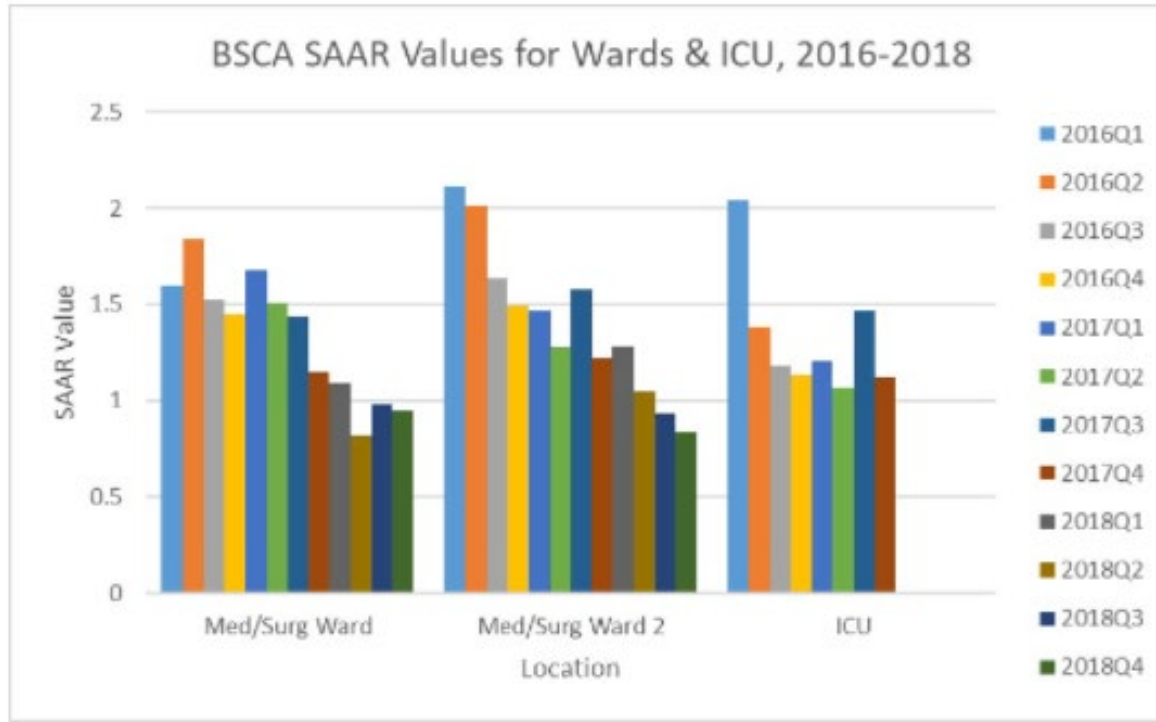
- SAARs of nearly 2.0 or greater for adult ICUs and wards
- This category, specifically fluoroquinolone (FQ) use, was an area of high use that was previously suspected

## The Intervention

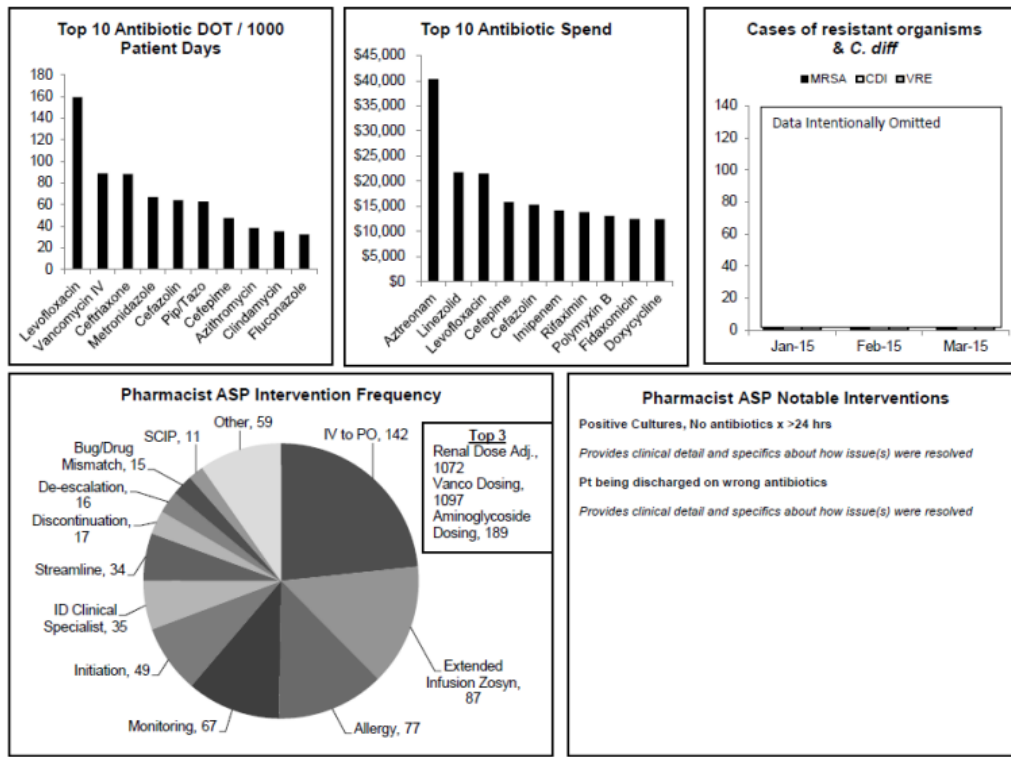
Empiric FQ therapy and long treatment durations were identified as key targets. Stewardship team prepared empiric treatment guidelines that were intentionally quinolone sparing.

- Providers were educated and order sets were updated to reflect the new recommendations during the summer of 2016.

# Using SAAR to Decrease FQ Use



# Getting Fancy: AS Dashboard





Putting it all  
together



# Summary: Measure Something!

- Process
  - Antimicrobial use
  - Compliance with policy
- Outcomes
  - Resistance
  - Safety
  - Mortality
  - LOS
- Comparative
  - Over time
  - Benchmark with like institutions
- Compelling
  - Demonstrate value
  - Reduce variation
  - Know your audience

# Key Tips

- Leverage existing resources (IT, IP, QI)
- Conduct environment scan for existing data sources relevant to ASP
- Make sure the juice is worth the squeeze
- Not a “one-size” fits all approach – think about what outcomes you want to demonstrate

# Upcoming Events

## Join Us for the next session of Antimicrobial Stewardship Summer Camp

**Wednesday, August 31 from noon to 1 p.m. ET**

Reducing Hospital Onset CDI Through Diagnostic Stewardship: The University of Virginia Experience

Registration Link:

[https://hqin-org.zoom.us/meeting/register/tZEvdOCpqTwuGNbDlx-CVQjIG9\\_emOcSQfQ1](https://hqin-org.zoom.us/meeting/register/tZEvdOCpqTwuGNbDlx-CVQjIG9_emOcSQfQ1)

## August Office Hours

Zero Tolerance for Workplace Violence

Date: August 11

Time: 12:00 PM

Registration Link:

<https://hqin-org.zoom.us/meeting/register/tJMqdO6sqj0sH9Gqv-umYdfPUQbxD1vyVT6N>

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