

7 Questions About the COVID-19 Bivalent Booster



Answered by Health Quality Innovators Pharmacist Cindy Warriner, BS, RPh, CDCES

- 1 What does bivalent mean as it refers to the COVID-19 bivalent booster?**
Bivalent means that the vaccine protects you from the original COVID virus (SARS-CoV-2) as well as two of the variant strains – BA.4 and BA.5.
- 2 Who should get the COVID-19 bivalent booster, and how many doses?**
The Pfizer bivalent booster is approved for ages 12 and up. The Moderna bivalent booster is approved for ages 18 and up. Everyone who is eligible should get one bivalent booster. See the link and QR code below to learn more.
- 3 When should a person get the COVID-19 bivalent booster?**
Typically, a person is due for their COVID-19 bivalent booster at least 2 months after completing a primary series or after receiving a monovalent booster.
- 4 Should you get the COVID-19 bivalent booster if you have had COVID-19?**
Yes. Wait 30 days (no longer than 90 days) or get the booster as directed by a physician. See the link and QR code below to learn more.
- 5 Can you get the COVID-19 bivalent booster and the flu shot together?**
Absolutely, and it's a great way to prepare for the fall and winter flu season!
- 6 Are you "Up to Date" after completing a primary series or getting a monovalent booster?**
You are "Up to Date" with COVID-19 vaccines if you have completed a primary series and got the most recent booster dose within the time frame recommended by the Centers for Disease Control and Prevention (CDC).
- 7 Where can I get more information about when to get COVID-19 vaccines?**
Visit the CDC's website to learn more about the [COVID-19 bivalent booster](#) and when it is time to get one. Follow this link [At-A-Glance COVID-19 Vaccination Schedules](#) or scan the QR code:

