

Fall is a great time to “clean out” your medicine cabinet.  
**Use the next “DRUG TAKE BACK DAY”  
to dispose of unneeded medications properly.**  
Please share this with your community, churches, family, and friends.



**Saturday October 29, 2022  
10:00 a.m. to 2:00 p.m.  
Keep them safe. Clean them out. Take them back.**

Visit the DEA website, type in your zip code and find the closest collection site [HERE](#):  
Identify [Drug Disposal Options – Do you have medicine you want to get rid of? \(fda.gov\)](#)

**IMPORTANT:** If you or someone you care for has been prescribed a narcotic or opioid, it is VERY important to use and dispose of these medications safely. Please take the time to watch this short video in the link below and learn what you can do to address the Opioid Crisis:

In Virginia: <https://seniornavigator.org/mindyourmeds>

In other states: [Mind Your Meds | HQIN](#)



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