

Safe Visitation in Nursing Homes

The COVID-19 pandemic taught us how to better protect ourselves from infection and illness. While the pandemic has ended, our team still works hard to keep residents and staff healthy and safe.

Planning to visit someone in our care? Help us keep them safe!

- Only visit when you are feeling well. Do not visit the facility if you:
 - Test positive for COVID-19
 - Have symptoms of COVID-19
 - Are in quarantine for COVID-19
- Screen for COVID-19 symptoms when you visit.
- Follow facility signs to help prevent the spread of illness.
- Avoid touching your face.
- Cover coughs and sneezes.
- Wash hands with alcohol-based hand rub or soap and water. Do this before, during and after visiting with a resident.
- Follow masking instructions. Masks help protect you and others. You may not know if you are contagious. It takes time for COVID-19 symptoms to show. Some people have no symptoms at all.
- Use physical distancing.
- If you have COVID-19, its important to follow guidance to determine when its safe to be around others. Use CDC's [Infection Control Guidance](#) to better understand how to protect those around you when you are sick.
- Keep up to date with COVID-19 vaccinations.
- If you are visiting someone with COVID-19, staff will instruct you on the safest way to protect yourself.

COVID-19 Symptoms



Shortness of breath or difficulty breathing



Fatigue



Muscle or body aches



Headache



New loss of taste or smell

As well as:

Fever or chills

Cough

Sore throat

Congestion or runny nose

Nausea or vomiting

Diarrhea



Infection Control Guidance:
SARS-CoV-2



About Respiratory Illnesses