



Safe Visitation in Nursing Homes

The COVID-19 pandemic taught us how to better protect ourselves from infection and illness. While the pandemic has ended, our team still works hard to keep residents and staff healthy and safe.

Planning to visit someone in our care? Help us keep them safe!

- Only visit when you are feeling well. Do not visit the facility if you:
 - Test positive for COVID-19
 - Have symptoms of COVID-19
 - Are in quarantine for COVID-19
- Screen for COVID-19 symptoms when you visit.
- Follow facility signs to help prevent the spread of illness.
- Avoid touching your face.
- Cover coughs and sneezes.
- Wash hands with alcohol-based hand rub or soap and water. Do this before, during and after visiting with a resident.
- Follow masking instructions. Masks help protect you and others. You may not know if you are contagious. It takes time for COVID-19 symptoms to show. Some people have no symptoms at all.
- Use physical distancing.
- If you have COVID-19, use the [CDC Quarantine and Isolation Calculator](#) to know when it is safe to be around others.
- Keep up to date with COVID-19 vaccinations.
- If you are visiting someone with COVID-19, staff will instruct you on the safest way to protect yourself.

COVID-19 Symptoms

Fever or chills
Cough
Shortness of breath or difficulty breathing
Fatigue
Muscle or body aches
Headache
New loss of taste or smell
Sore throat
Congestion or runny nose
Nausea or vomiting
Diarrhea

CDC Quarantine and Isolation Calculator

