TRANSMISSION-BASED PRECAUTIONS

All precautions listed should be used in addition to Standard Precautions in order to prevent infection transmission.

Standard Precautions: Perform hand hygiene before touching a resident, wear a gown and gloves if potential contact with blood or body fluids, add a mask or eye protection if chance of fluid spray.

CONTACT PRECAUTIONS

- Gown/gloves: Put on (don) at entry, remove (doff) at exit
- Hand hygiene (note C. diff/Norovirus exception below)
- Best practices: Use dedicated equipment, resident should be in a private room

CONTACT PRECAUTIONS ARE USED WHEN INFECTION CAN BE TRANSMITTED THROUGH TOUCH, SUCH AS WITH:

- Known or suspected infections (MRSA, VRE, CRE, ESBL)
- Draining wounds
- C. diff, Norovirus – Must wash hands with soap and water
    - Follow manufacturer's directions for bleach product (wipes or mixing) to clean surfaces

TRANSMISSION-BASED PRECAUTIONS

ENHANCED BARRIER PRECAUTIONS

- Gown/gloves: don at entry, doff at exit
- Hand hygiene if performing any hands-on care (multiple personal hygiene activities, transferring, changing linens)

Enhanced barrier precautions are used when caring for residents with wounds and/or indwelling medical devices regardless of if they have an infection or not.

DROPLET PRECAUTIONS

- Procedure mask: don at entry, doff at exit
- Hand hygiene
- If resident has to leave the room, put a procedure mask on the patient
- Best practice: Use dedicated equipment, resident should be in a private room

Droplet precautions are used when caring for residents with influenza or pertussis.

AIRBORNE PRECAUTIONS

- Donning order: Gown, mask (N95), face shield/ goggles, gloves
- Doffing order: Gloves (then hand hygiene), face shield/goggles, gown, mask (N95), hand hygiene again!
- Best practice: Use dedicated equipment, negative pressure room optimal but follow current CDC guidelines

Illnesses that require airborne precautions include TB, suspected measles, chicken pox or COVID-19.

Isolation Precautions Guideline | CDC

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HEALTH QUALITY INNOVATORS