

Standard precautions are used during all patient/resident care.

WASH HANDS

Wash prior to touching patients/residents or anything in their environment. Wash hands after touching blood or body fluids, immediately after removal of gloves and other personal protective equipment (PPE) and between patient/resident contacts.

WEAR GLOVES

Wear when there is a potential of touching blood or body fluids. Change gloves between tasks on the same patient/resident after contact with materials that may contain high concentrations of microorganisms. Always wash hands after removing gloves.

WEAR MASK AND EYE PROTECTION OR FACE SHIELD

Protect mucous membranes of the eyes, nose and mouth during procedures that are likely to generate splashes or sprays of blood or body fluids.

WEAR GOWN

Protect skin and clothing during procedures that are likely to generate splashes or sprays of blood or body fluids. Use care not to contaminate skin or clothing when removing a gown.

RESPIRATORY HYGIENE/COUGH ETIQUETTE

Cover your mouth and nose with a tissue when coughing or sneezing. Wash hands after contact with respiratory secretions.

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PATIENT-CARE EQUIPMENT

Handle patient-care equipment in a manner that prevents skin and mucous membrane exposures or contamination of clothing. Clean reusable equipment before using on another patient/resident.

ENVIRONMENTAL CONTROL

Follow facility procedures for routine care, cleaning and disinfection of environmental surfaces and frequently-touched surfaces. This includes items brought into the room, such as a lift.

LINEN

Handle, transport and process used linen in a manner that prevents exposure. Keep dirty and clean items separate and cover stored clean linen.

SHARPS SAFETY

Never recap used needles using both hands. Use a one-handed "scoop" technique or a device designed for holding the needle or sheath. Immediately dispose of contaminated needles. Do not overfill sharps container.



Preventing Transmission of Viral Respiratory Pathogens in Healthcare Settings | CDC



Sharps Safety Program Resources | CDC



Standard Precautions for All Patient Care | CDC



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