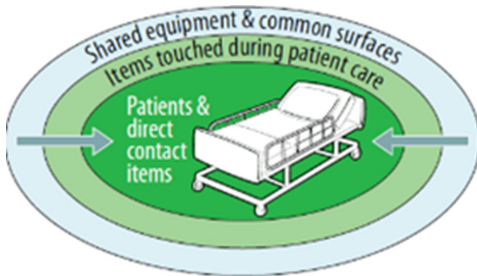


1. Assemble supplies
2. Know your cleaning solution
 - Is it properly mixed?
 - What is the contact time to disinfect?
 - Check back of product for contact time

If you don't know, find out!

GENERAL PRINCIPALS

1. Proceed from cleaner to dirtier
 - a. Start with shared equipment and common surfaces, then surfaces and items touched during resident care, then surfaces and items directly touched by resident
 - b. Clean resident areas before bathroom and toilet
2. Proceed from high to low (top to bottom):
 - a. Examples: clean bed rails before bed legs, clean environmental surfaces before cleaning floors
3. Clean non-isolation rooms before isolation rooms



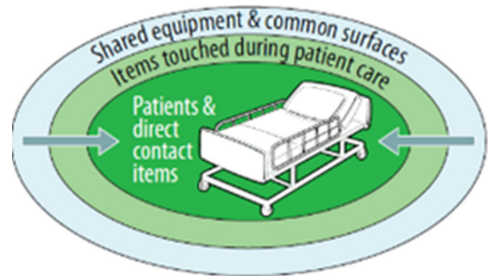
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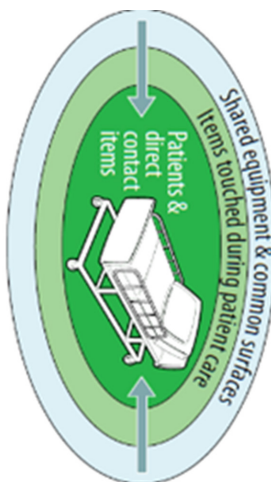
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STEPS IN DAILY ROOM CLEANING

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GENERAL PROCESS

1. Remove any dirty laundry (if this is a laundry day for resident); remove garbage
2. Perform hand hygiene and put on a clean pair of gloves
3. Completely soak fresh cleaning cloth in cleaning solution. You may choose to have the cleaning solution already containing clean cloths soaking in solution
4. Fold cleaning cloth in half and in half again until it is about the size of your hand
5. Use some muscle! Mechanical removal of germs occurs when you do more than just lightly wipe an area—clean like you mean it and make sure the surface stays wet for the correct contact time to fully disinfect the area
6. Regularly rotate and unfold the cleaning cloth to use all the sides
7. When all the sides of the cloth have been used or it is no longer saturated with solution, store for reprocessing or disposal, whichever is your facility process
 - a. NO DOUBLE DIPPING—only soak clean cloths in the cleaning solution or it may become contaminated, and you will be spreading, not killing, germs
8. Save the bathroom for last and don't forget high-touch surfaces
9. Clean floor
10. Remove gloves, perform hand hygiene and put on a clean pair of gloves prior to starting to clean the next resident area

DON'T FORGET THESE HIGH-TOUCH ROOM SURFACES

- Bed rails/bed controls
- Tray table and handle
- Telephone
- Light switches: room light switch, bathroom light switch
- Doorknobs: room inner doorknob, bathroom inner doorknob
- Bathroom handrails by toilet
- Toilet seat, flush handle and bedpan cleaner
- Sinks: bathroom and room sink (if present)

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