

Masking Matters!

Wear a mask when:

- **Source control** is needed to protect from the flu, and when COVID-19 community transmission is moderate or high
- Providing care to persons with suspected/known respiratory infections, like the flu



Source control is using masks or respirators to cover a person's mouth and nose to prevent the spread of infections when they are breathing, talking, sneezing or coughing.

Wear a NIOSH-approved respirator when:

- Caring for a person with suspected or confirmed COVID-19
- Caring for a person with suspected or confirmed tuberculosis (TB)



Additional Resources

[Weekly US Map: Influenza Summary Update | CDC](#)



[COVID Data Tracker | CDC](#)



[Masks and Respirators | CDC](#)



[Isolation Precautions | CDC](#)



[Protecting Healthcare Personnel | CDC](#)



[Masks are a Critical Public Health Tool | APIC](#)



[Learning Module: The Right View for Nursing Homes | HQIN](#)

