

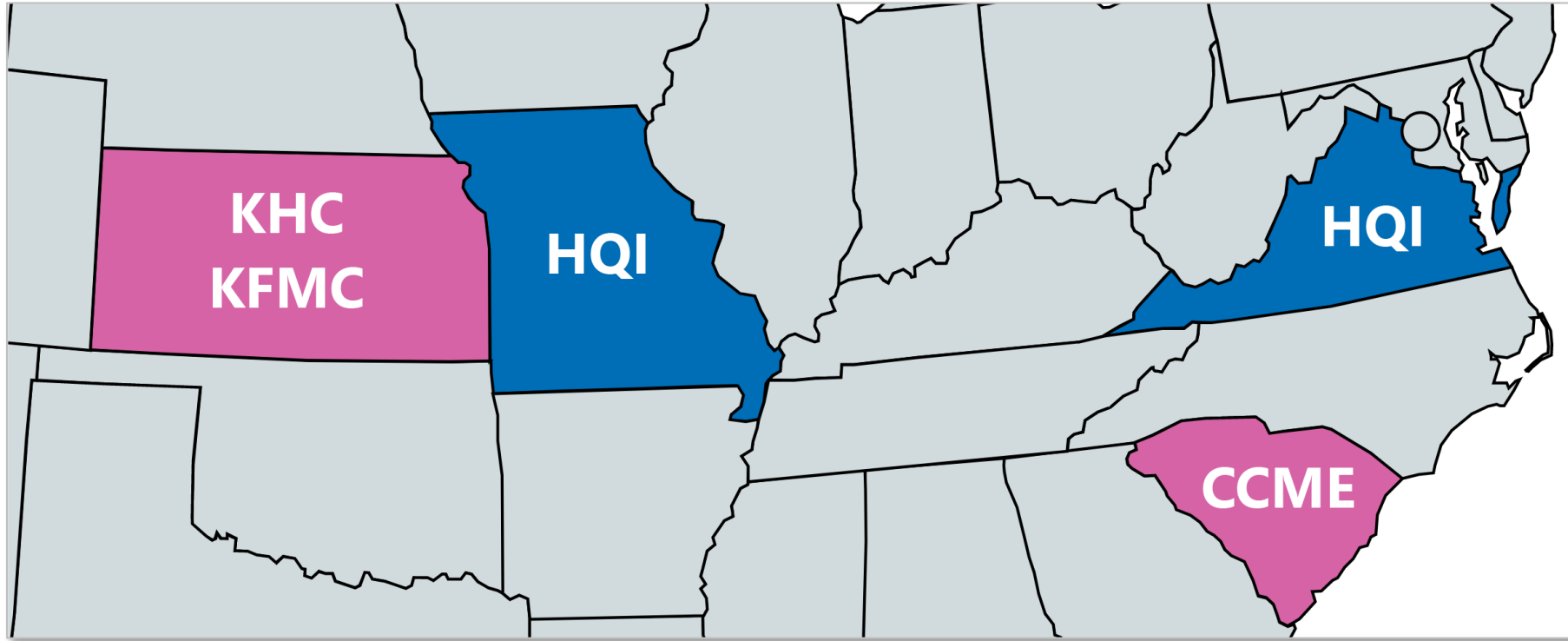


*Simple Strategies Stand-Up*

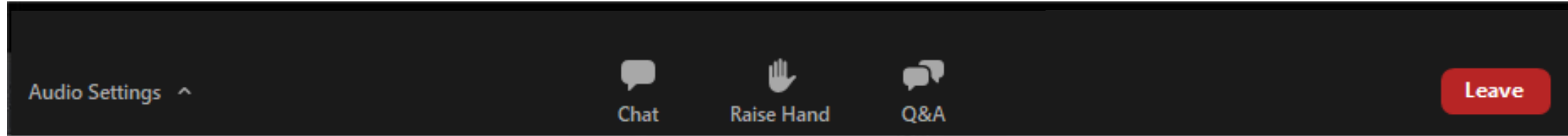
# COVID-19 Plan of Care and General Care Planning

4/11/2023

# Health Quality Innovation Network



# Logistics – Zoom Webinar



To ask a question, click on the **Q&A** icon.

**Raise your hand** if you want to verbally ask a question.

Resources from today's session will be posted in **Chat**.

You may adjust your audio by clicking **Audio Settings**.

You have been automatically muted with video turned off.

# Your Team



**Mary Locklin,  
MSN, RN, CIC**  
Senior QIA-Infection  
Prevention



**Jackie Elliott, RN,  
RAC-CT, RAC-CTA**  
Consultant



**Cindy Warriner, BS,  
RPh, CDCES,** Senior  
Pharmacy Consultant



**April Faulkner**  
Communications  
Specialist

# Goals for this Series:

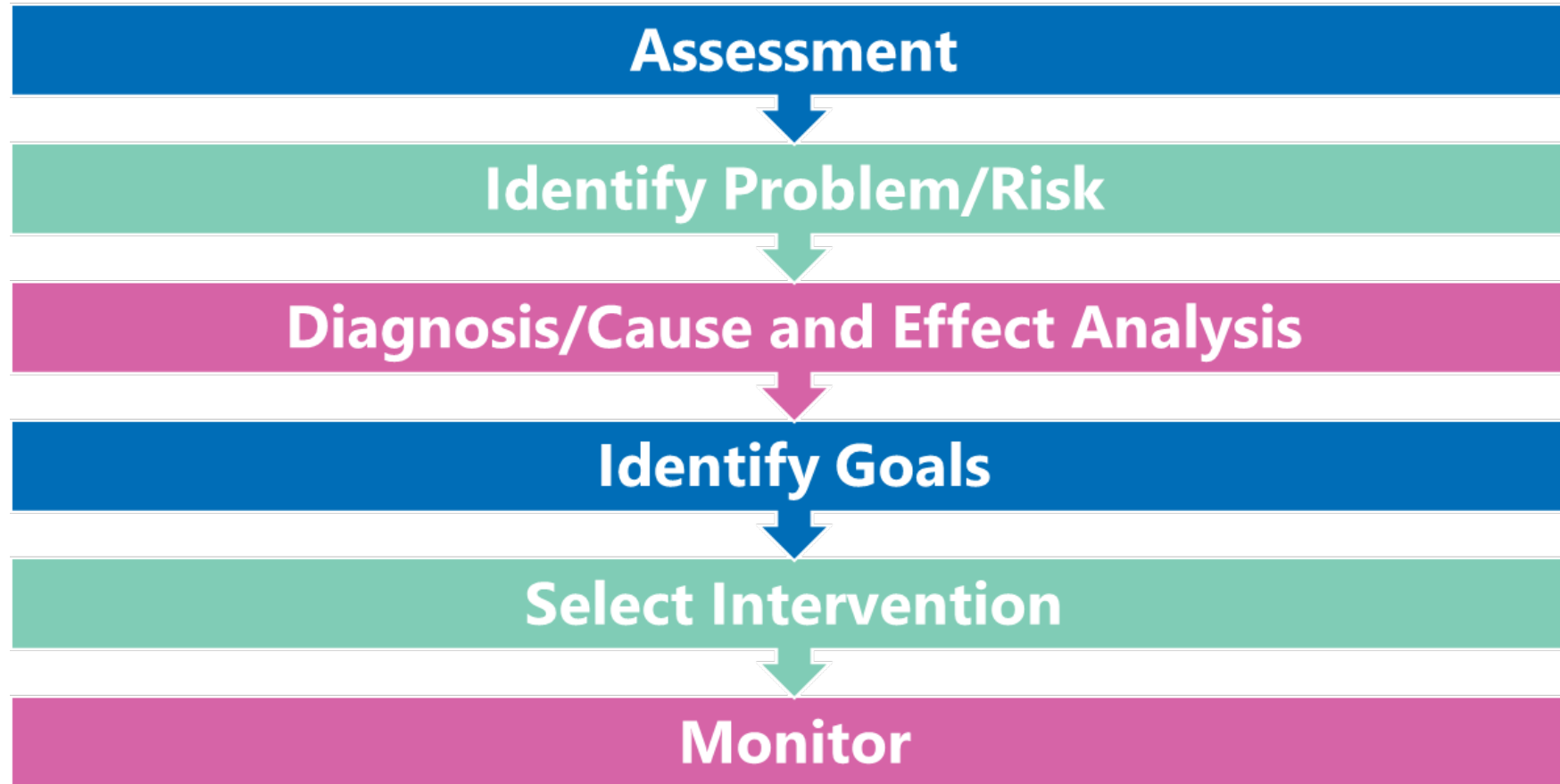
- Discuss a general overview of care planning
- Assist attendees in specific Planning for COVID-19 Care Tool
- Explain opportunities to incorporate and coordinate infection prevention, care planning and COVID-19 care



*The content presented in this webinar is based on COVID-19 information and guidance as of the date of this session.*



# Care Plan Process



# Care Plans Should Be...

- Developed with the resident and/or family
- Person-centered
- Realistic
- Communicated to the care team



# Care Plan Topics

- Falls
- Mental status
- Specific medications
- Nutrition
- Activities of daily living
- COVID-19
- And many others

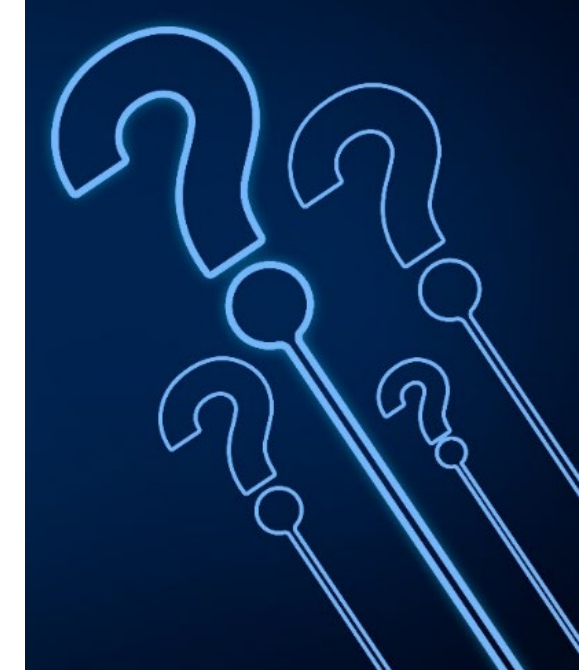




# Polling Question

Does your facility have a COVID Care Plan to obtain the resident's wishes related to treatment prior to a positive test?

- A. YES
- B. NO



# COVID-19 Care Plan Tool

## Planning for COVID-19 Care Conversation Tool

**Staff Resources**

**Vaccinations**

- [Stay Up to Date with COVID-19 Vaccines Including Boosters | CDC](#)
- [COVID-19 Vaccines for Long-term Care Residents | CDC](#)
- [COVID-19 Booster Shots Flyer | HQIN](#)

**Therapeutics**

- [COVID-19 Vaccination and Therapeutics in PALTC Toolkit: Resources for Clinicians](#)
- [COVID-19 Treatments: Information for Long Term Care Facilities | HHS/ASPR](#)
- [COVID-19 Treatments and Medications | CDC](#)

## Planning for COVID-19 Care Conversation Tool

This tool can be used to assist in developing a resident plan of care. Complete each field below, using the question prompts to guide your conversation with the resident.

**Resident name:** Click or tap here to enter text.      **Date:** Click or tap to enter a date.  
**Resident unit:** Click or tap here to enter text.  
**Responsible party (if other than resident):** Click or tap here to enter text.

**Start the Conversation**

**Suggested dialogue:** Even though COVID-19 can make us sick, there are things we can do to protect ourselves and others. When lots of people live or get together in one place, germs can spread from person to person. But the good news is that there are things we can all do to keep ourselves and each other safe and healthy. Today I'd like to talk to you about the kind of care you would want if you were to get sick. Is it okay if I ask you some questions about that? There are no wrong answers.

**After resident agrees to discussion:** Everyone who lives in a care facility is at risk for COVID-19. There are signs and symptoms that can be the first clue that you have an infection. The sooner we can treat sickness, the better. And hopefully, the milder it will be.

**Discuss treatment goals:** We want to make sure we are doing things that help you meet your goals. So we want to start by making sure we know what your goals are. Some people want to do things to prevent COVID or reduce symptoms. Some people want to focus on things that will make them comfortable. What are the most important things for you when we talk about COVID treatment?

**Resident response:** Click or tap here to enter text.

**Vaccinations (Complete vaccine history fields prior to conversation)**

**Suggested dialogue:** Vaccines are one way to help keep us healthy because they can help lower our chances of getting sick. I'd like to talk about the vaccines you have had and ones you might be due for. It looks like, from your records, that you had the <customize response per vaccine information below> and that you are due for the <customize response per vaccine information below>. Do you have any questions about the ones you are due for? Can I schedule a date for you to get those?

**COVID-19 vaccinations received on:** Click or tap to enter a date.      Click or tap to enter a date.  
**COVID-19 booster vaccinations received on:** Click or tap to enter a date.      Click or tap to enter a date.  
**COVID-19 bivalent booster vaccinations received on:** Click or tap to enter a date.

**Resident has (check all that apply):**

Completed the primary vaccination series       Received at least one booster  
 Received the bivalent booster       Not completed the primary vaccination series

This material was prepared by Health Quality Innovation (HQIN), a Quality Innovation Network (QIN) Improvement Organization (QIN). QIN is under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services (HHS). Views expressed in this material do not necessarily reflect the official views or policy of CMS or HHS, and any reference to a specific product or entity herein does not constitute endorsement of that product or entity by CMS or HHS. HQIN/CMR/HR-QID-4471-42/02/23

## Planning for COVID-19 Care Conversation Tool

**Resident name:** Click or tap to enter a date.  
**Resident unit:** Click or tap to enter a date.  
**Responsible party (if other than resident):** Click or tap to enter a date.

**When you are sick, some medicines can help you feel better. They can also help it always easy to think about that when you aren't feeling well. I'd like to be able to choose if you were feeling sick.**

**Antiviral medicine:** It can help your body fight off the virus. That means you may recover faster.

**COVID-19 and your doctor recommended it, would you want an antiviral**

**Medication review:** If you get COVID-19, your doctor will recommend a treatment you believe you would want an antiviral medicine, your doctor will review your medicines you take. Your doctor and pharmacist will review your medicine list for interaction. Your doctor may also talk to a pharmacist about treatment

**Check all that apply:**  Kidney disease       Liver disease

**Advance care directives plan for what medical care you would want or need to tell us. They can help us respect your wishes when you are not feeling well.**

DNR (do not resuscitate)  
Click or tap here to enter text.

Healthcare power of attorney

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# Breaking It Down

## Planning for COVID-19 Care Conversation Tool

This tool can be used to assist in developing a resident plan of care. Complete each field below, using the question prompts to guide your conversation with the resident.

**Resident name:** Click or tap here to enter text.      **Date:** Click or tap to enter a date.

**Resident unit:** Click or tap here to enter text.

**Responsible party (if other than resident):** Click or tap here to enter text.

### Start the Conversation

**Suggested dialogue:** Even though COVID-19 can make us sick, there are things we can do to protect ourselves and others. When lots of people live or get together in one place, germs can spread from person to person. But the good news is that there are things we can all do to keep ourselves and each other safe and healthy. Today I'd like to talk to you about the kind of care you would want if you were to get sick. Is it okay if I ask you some questions about that? There are no wrong answers.

**After resident agrees to discussion:** Everyone who lives in a care facility is at risk for COVID-19. There are signs and symptoms that can be the first clue that you have an infection. The sooner we can treat sickness, the better. And hopefully, the milder it will be.

**Discuss treatment goals:** We want to make sure we are doing things that help you meet your goals. So we want to start by making sure we know what your goals are. Some people want to do things to prevent COVID or reduce symptoms. Some people want to focus on things that will make them comfortable. What are the most important things for you when we talk about COVID treatment?

**Resident response:** Click or tap here to enter text.

# Breaking It Down: Vaccinations

## Vaccinations (Complete vaccine history fields prior to conversation)

**Suggested dialogue:** Vaccines are one way to help keep us healthy because they can help lower our chances of getting sick. I'd like to talk about the vaccines you have had and ones you might be due for. It looks like, from your records, that you had the [<customize response per vaccine information below>](#) and that you are due for the [<customize response per vaccine information below>](#). Do you have any questions about the ones you are due for? Can I schedule a date for you to get those?

**COVID-19 vaccinations received on:** Click or tap to enter a date. Click or tap to enter a date.

**COVID-19 booster vaccinations received on** Click or tap to enter a date. Click or tap to enter a date.

**COVID-19 bivalent booster vaccinations received on:** Click or tap to enter a date.

**Resident has (check all that apply):**

- Completed the primary vaccination series
- Received at least one booster
- Received the bivalent booster
- Not completed the primary vaccination series

**Influenza vaccination received on:** Click or tap to enter a date.

**Pneumonia vaccination received on:** Click or tap to enter a date.

**Shingles/zoster vaccination received on:** Click or tap to enter a date.



# Breaking It Down: Therapeutics

## Therapeutics

**Explain treatment options:** When you are sick, some medicines can help you feel better. They can also help you feel better faster. It's not always easy to think about that when you aren't feeling well. I'd like to be sure we know what you would choose if you were feeling sick.

One treatment for COVID-19 is an antiviral medicine. It can help your body fight off the virus. That means you may not get as sick and you may recover faster.

**If you had symptoms of COVID-19 and your doctor recommended it, would you want an antiviral medicine?**

Yes  No

**Offer a comprehensive medication review:** If you get COVID-19, your doctor will recommend a treatment that works best for you. If you believe you would want an antiviral medicine, your doctor will review your medical history and the medicines you take. Your doctor and pharmacist will review your medicine list to help avoid any possible drug interaction. Your doctor may also talk to a pharmacist about treatment options.

**Resident allergies:**

Yes: Click or tap here to enter text.  
 No

**Resident has a history of (check all that apply):**  Kidney disease  Liver disease





# Breaking It Down: Emergency Care

## Emergency Care

**Explain advance care directives:** Advance care directives plan for what medical care you would want or not want if you were not able to tell us. They can help us respect your wishes when you are not feeling well.

**Resident prefers:**

- Code  DNR (do not resuscitate)  
 Limited interventions: [Click or tap here to enter text.](#)

**Resident has:**  Living will  Healthcare power of attorney



# COVID Medication Treatment

- Paxlovid is currently in the final stages of being approved versus emergency use authorization
- Access the risks of medication use versus the benefits
  - The resident's doctor will make the call for medication use
  - In most cases there will be a need for a comprehensive medication review
  - Currently known drug-to-drug interactions:  
[FDA Emergency Use Authorization Fact Sheet](#)



# Reasons to Have a COVID Care Plan

- Timely access to resident/family wishes
- All in place for easy access and reference
- Engaging the resident in making plans
- Increasing resident awareness and education





# Bringing It All Together

## Infection Prevention, Care Planning and COVID-19 Care

- Falls
  - Mental status
  - Specific medications
  - Nutrition
  - Activities of daily living
  - COVID-19
- Keep infection prevention policies up to date with COVID care planning
  - Educate and encourage staff
  - **Post signage** related to other infection prevention strategies (i.e., masking/hand washing)



# Bringing It All Together, continued

## Infection Prevention, Care Planning and COVID-19 Care

- **Encourage and record appropriate vaccinations** – the BEST prevention
  - COVID bivalent booster
  - Pneumonia (see Resources slides)
  - Flu
  - Shingles (Zoster)
- **Highlights importance of resident education and engagement** – if every resident has had a discussion about COVID care plans, it becomes “normal” and can be more easily discussed

# Resources

- [Important Updates on COVID-19 Therapeutics for Treatment and Prevention | CDC](#)
- [The Importance of Timely Use of COVID-19 Therapeutics \(QSO-23-03-ALL\) | CMS](#)
- [Therapeutic Management of Nonhospitalized Adults With COVID-19 | NIH](#)
- [Pneumococcal Vaccine Timing for Adults | CDC](#)
- [Fact Sheet for Healthcare Providers: Emergency Use Authorization for Paxlovid™ | FDA](#)



# Resources

- [Trauma-Informed Care | AHRQ](#)
- [SAMHSA's National Center for Trauma-Informed Care - Trauma-Informed Care Implementation Resource Center](#)
- [SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach](#)
- [Tools for Transformation: Becoming Accessible, Culturally Responsive, and Trauma-Informed Organizations | National Center on Domestic Violence, Trauma & Mental Health](#)
- [How to Integrate Trauma-Informed Care into Nursing Homes | Scholars Strategy Network](#)
- [Appendix PP Guidance to Surveyors for Long Term Care Facilities | CMS](#)



# Resources, continued

- [CDC Museum COVID-19 Timeline | CDC](#)
- [Workplace Vaccination Program | CDC](#)
- [Clinical Care Considerations for COVID-19 Vaccination | CDC](#)
- [Entrance Conference Worksheet for COVID vaccine | LeadingAge MN](#)
- [CMS-20054 Infection Prevention Control and Immunizations | CMS](#)
- [Interim Final Rule - COVID-19 Vaccine Immunization Requirements for Residents and Staff \(QSO-21-19-NH\) | CMS](#)
- [Interim Final Rule \(IFC\), CMS-3401-IFC, Additional Policy and Regulatory Revisions in Response to the COVID-19 Public Health Emergency related to Long-Term Care \(LTC\) Facility Testing Requirements \(QSO-20-38 NH REVISED\) | CMS](#)

# Resources, continued

- [Nursing Home Visitation – COVID-19 \(REVISED\) \(QSO-20-39-NH\) | CMS](#)
- [Long-Term Care and Skilled Nursing Facility Attachment A \(QSO-22-07 ALL\) | CMS](#)
- [Long Term Care Survey Process \(LTCSP\) Procedure Guide | CMS](#)
- [Nursing Home COVID-19 Vaccination Booster Action Plan and Resources | HQIN](#)
- [Vaccine Clinic Administration Process Guide | HQIN](#)
- [You Do Not Have to Cope Alone. Access Resources for Frontline Worker Mental Health | HQIN](#)
- [Identifying and Providing Person-Centered Strategies for Residents with Depression, Anxiety, or Cognitive Decline | HQIN](#)
- [COVID-19 Community Level and Safety Measures by CDC Facility](#)

# Resources, continued

- [COVID-19 Vaccine Effectiveness and Safety | MMWR \(CDC\)](#)
- [The Basics of Eye Protection for COVID-19 | APIC](#)
- [Infection Prevention in Memory Care Pocket Card | HQIN](#)
- [C0900. Staff Assessment for Mental Status | PAC.Training](#)
- [Risk Assessment, Emergency Preparedness, Regulatory Compliance Slides | HQIN](#)
- [Safe Visitation in Nursing Homes | HQIN](#)
- [Cohorting Plan Guidelines | HQIN](#)
- [Visitation Plan Guidelines | HQIN](#)
- [COVID-19 Treatments and Medications | CDC](#)

## Next Session:

*Pneumonia and COVID-19:  
Posturing for Positive Outcomes*

**Tuesday, May 9, 2023**

**2:00 p.m. EST | 1:00 p.m. CST**





# FOR MORE INFORMATION

Call 877.731.4746 or visit [www.hqin.org](http://www.hqin.org)

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From HQIN:

To all essential care giving teams  
supporting residents and families,

*Thank you for attending*

