

StrongerMemory

A New Innovative Brain Health Program for Residents

Now enrolling facilities for the next 12-week session beginning **May 15th.**

StrongerMemory is an evidence-based intervention that can improve cognitive function for people with mild cognitive impairment. Our goal is to **improve** cognitive function that may have been impacted by the isolation experienced during the COVID-19 pandemic.

Residents who participate in StrongerMemory spend 20-30 minutes a day using the three **R**'s to help improve cognition.



Reading



WRiting



ARithmetic

Health Quality Innovators (HQI) has partnered with Goodwin Living to launch StrongerMemory for **FREE** to Virginia nursing homes, providing:

1

Facilitator materials and participant workbooks

2

Additional resources

3

Implementation support



For more information about StrongerMemory, please **click here**
click the fact sheet to the left

or, email us at lhc@hqi.solutions

Join the StrongerMemory Movement