

# Discharging a Sepsis Patient

Acute care hospital → Home or post-acute care facility

## DISCHARGE CHECKLIST



- Admission date and diagnosis
- LOS and discharge diagnosis
- Days in ICU, if applicable
- Dates & types of surgery
- Line in place at discharge & location
- Foley in place at discharge & why
- Wounds – dressing type
- Antibiotic & discontinue date
- Special instructions

### Provide Sepsis Fact Sheets:

- [Patient and Family Education](#)
- [Sepsis Stoplight Tool](#)
- Refer to [Transfer Communication tool](#) for staff

- Discharge summary provided
- Medications and dosages updated
- Lab work needed

### Follow-up Appointments

#### Scheduled:

- Referral for home care agency
- Outpatient rehabilitation
- Support group meeting information
- Durable medical equipment order

#### Patient Knows Action Plan for Help:

- Who to call: \_\_\_\_\_
- Where to go: \_\_\_\_\_

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SEPSIS SURVIVORS ARE

# AT RISK



Cognitive impairment  
Forgetfulness/concentration  
Anxiety and depression  
Health deterioration  
Chronic disease management  
Immunosuppression  
**Readmission within 30 days,  
often with another infection**  
Decreased quality of life  
Early mortality

## SIGNS OF SEPSIS\*

Shivering  
Extreme pain  
Pale skin  
Sleepiness  
'I feel like I might die'  
Shortness of breath



LEARN MORE: [www.cdc.gov/sepsis](http://www.cdc.gov/sepsis)

\*Sepsis Alliance at [www.sepsis.org](http://www.sepsis.org)

## SEPSIS IS A MEDICAL EMERGENCY

