

# Your Health Can't Wait, Vaccinate!

Adults can be protected from deadly diseases.



## COVID-19

Older adults and people with underlying medical conditions like heart or lung disease, or diabetes, are at higher risk for getting very sick from Covid-19.

## Shingles

An older adult with shingles is more likely to experience pain from postherpetic neuralgia (nerve pain).

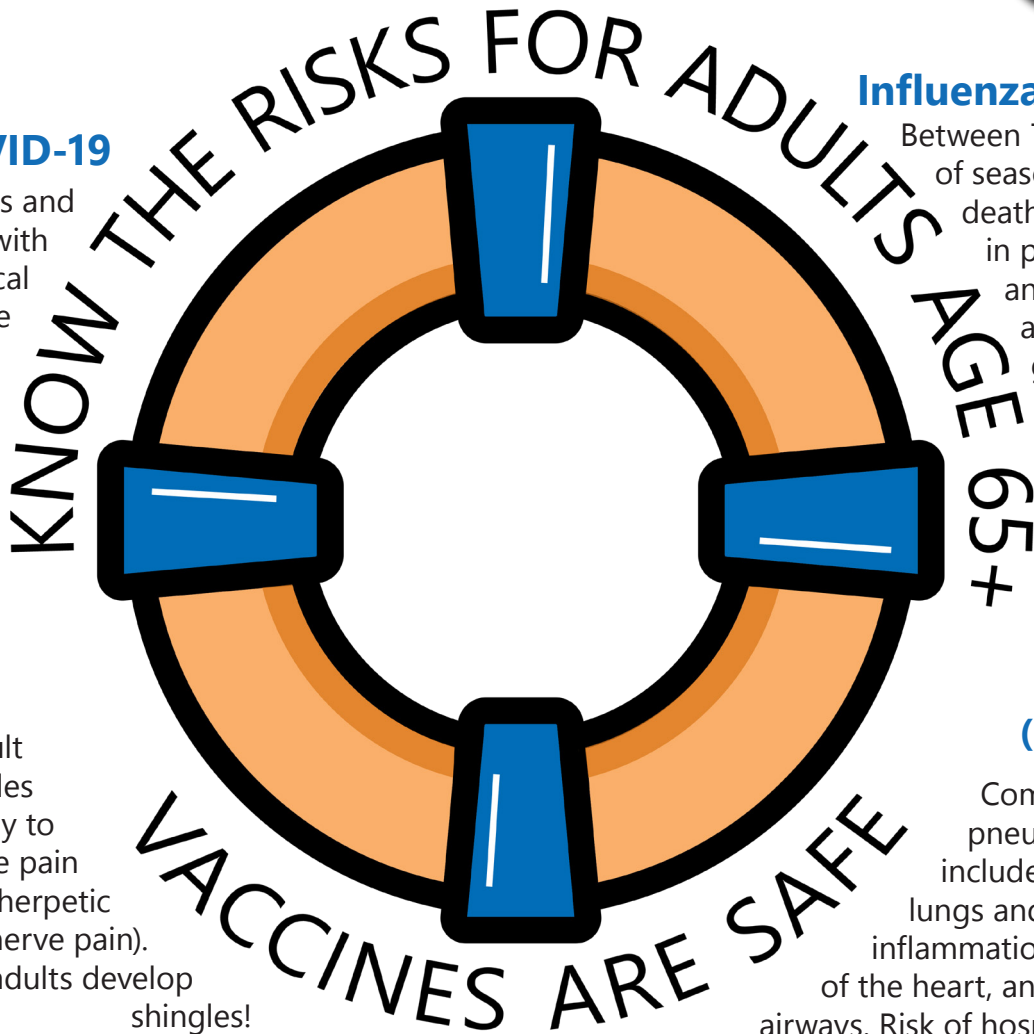
1 in 3 adults develop shingles!

## Influenza (Flu)

Between 70% and 85% of seasonal flu related deaths have occurred in people 65 years and older. Older adults have a 6x greater risk of dying from flu and related complications.

## Pneumococcal Disease (Pneumonia)

Complications of pneumococcal disease include infection in the lungs and chest cavity, inflammation of the lining of the heart, and blockage of airways. Risk of hospitalization for pneumococcal pneumonia is more than 6 x greater in older adults.



COVID-19 Risks and Information for Older Adults | CDC



Flu & People 65 Years and Older | CDC



Complications of Shingles (Herpes Zoster) | CDC



Symptoms and Complications of Pneumococcal Disease | CDC



Recommended Adult Immunization Schedule | CDC