



Health Quality Innovation Network

# Opioid Overdose Prevention and MAT Updates

# Speakers

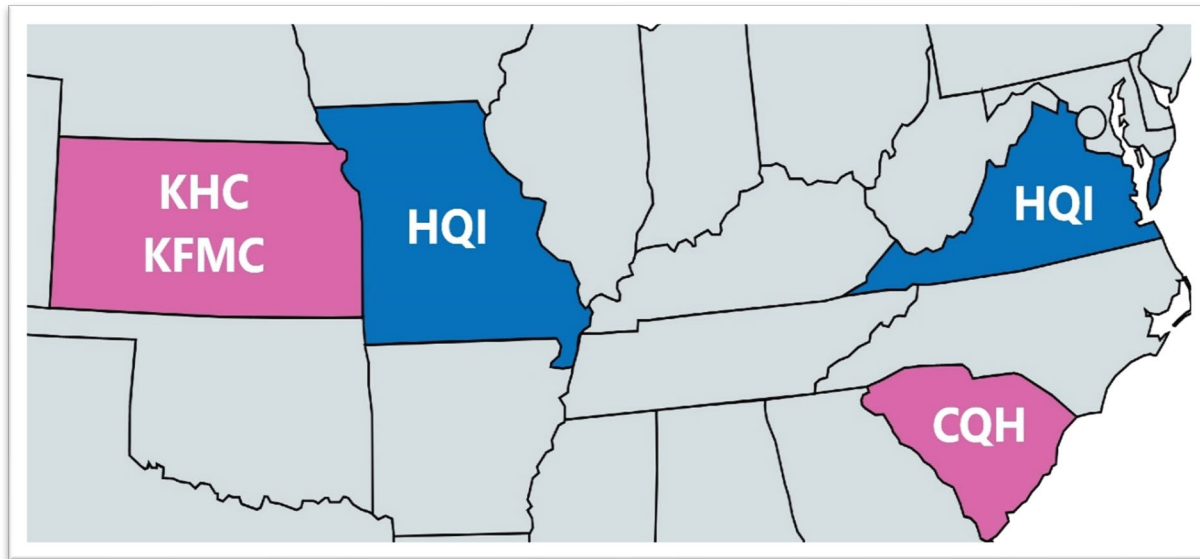


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# Health Quality Innovation Network



# Objectives

- Understand Medication Assisted Treatment (MAT) rule changes
- Review the updated clinical practice guidelines for prescribing opioids
- Discuss new resources for opioid overdose prevention and treatment

# MAT Updates

- Special buprenorphine waiver is no longer required to prescribe/treat patients with Opioid Use Disorder (OUD)
  - As of June 2023, all buprenorphine prescriptions require a standard DEA registration number
  - There is NO patient volume limit
  - Existing state laws/regs still applicable
  - New one-time 8-hour training requirement went into effect in June 2023.
    - ✓ Can be cumulative 8 hours, needs to focus on the treatment of OUD and other SUDs.

# MAT Updates

## Brixadi™ - buprenorphine extended-release injection

- Approved May 2023 will be available Fall of 2023
- Weekly or monthly injection
- Can be initiated after a single dose of transmucosal buprenorphine
- [Highlights of Prescribing Information - Brixadi™](#)

## Resources:

- SAMHSA [Quick Start Guide](#) to provide advice on initiating treatment
- [Buprenorphine Quick Start Pocket Guide](#)
- [Buprenorphine - PMC \(nih.gov\)](#)

# Best Practices for Prescribing

Updated CDC Prescribing Opioids for Pain in four main areas:

- Determining whether to initiate opioids for pain
- Selecting opioids and determining opioid dosages
- Deciding the duration of the initial opioid prescription and conducting follow-up
- Assessing risk and addressing potential harms of opioid use

## Resources:

- [CDC Clinical Practice Guideline for Prescribing Opioids for Pain](#)
- [CDC Clinical Practice Guideline for Prescribing Opioids for Pain, MMWR/Vol.71/No.3/Nov. 2022](#)
- [CDC Evidence-based Strategies for Prevention Opioid Overdose: What's Working in the United States](#)

# Antidote Medication Updates

## New Overdose Medications:

OPVEE (Nalmefene) - long-acting RX nasal spray (NS)

[Nalmefene Nasal Spray PI](#)

## OTC Naloxone Medications:

Narcan – FDA approved in March 2023; NS

[FDA.gov Narcan fact sheet](#)

RiVive – FDA approved in July 2023; NS

[FDA Approves Second OTC Naloxone Spray](#)

Kloxxado-

[FDA.gov KLOXXADO fact sheet](#)

## Resources:

- [What is Naloxone? | SAMHSA](#)
- [Naloxone | Opioids | CDC](#)



# Potentiators

**Potentiator Cautions** – used to “maximize” euphoric effects

## Examples:

Grapefruit/some orange juices  
Pseudoephedrine  
Diphenhydramine (Benadryl)  
Diazepam (Valium)  
Cyclobenzaprine  
Alkaloids  
Dextromethorphan (in cough meds – i.e., Robitussin DM)

Gabapentin (Neurontin)  
Carisoprodol (Soma)  
Doxylamine (in NyQuil)  
Orphenadrine  
Barbiturates  
Dimetapp

## Resources:

- [Trends in Co-prescribing of Opioids and Opioid Potentiators Among U.S. Adults, 2007–2018 - PMC](#)
- [Using Over-the-Counter and Other Prescription Medications to Potentiate Opiates in the USA: Literature Review. Medical and Public Health Aspects of OTC Medication Misuse](#)
- [The Guide on Opiate Potentiators - Casco Bay - ME](#)

# Emerging Threats

## Xylazine- an animal tranquilizer

- Being mixed with Fentanyl
- July 2023 White House released National Response Plan

## Resources:

- [CDC Drug Overdose: What You Should Know About Xylazine](#)
- [Administration Designates Fentanyl Combined with Xylazine as an Emerging Threat to U.S.](#)

# Disposal

I need to get rid of this medication.

FDA U.S. FOOD & DRUG ADMINISTRATION

## Drug Disposal Options

Do you have medicine you want to get rid of?

Do you have a drug take-back option readily available?

Check the [DEA website](#), as well as your local drugstore and police station for possible options.

**NO**

Is it on the [FDA flush list](#)?

**NO** Follow the [FDA instructions for disposing of medicine in the household trash](#).

**YES** [Immediately flush your medicine in the toilet](#). Scratch out all personal info on the bottle and recycle/throw it away.

**YES** Take your medicine to a drug take-back location.

Do this promptly for [FDA flush list](#) drugs!

www.fda.gov

## Mind Your Meds: Safe Opioid Use and Disposal

For Virginia:

[SeniorNavigator Mind Your Meds](#)

Other States:

[Mind Your Meds | HQIN](#)

[FDA Drug Disposal Infographic](#)

# Education and Resources

- [CME program by New England Journal of Medicine: Role of Opioids in Pain Management](#)
- [CDC Opioids Training Modules](#)
- [Elite Learning SUD training](#)
- [AMA EdHub](#)
- [Motivational Interviewing to Help Your Patients Seek Treatment](#)
- [CDC Overdose and Injury Prevention](#)
- [Substance Abuse and Mental Health Services Administration \(SAMHSA\)](#)

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