



BLUE BAG  
INITIATIVE

# Stay Healthy and Get a Blue Bag Checkup

If you or someone you are responsible for is taking more than three medications, you need to schedule a Blue Bag Checkup. This is a simple step that helps participants stay healthy and avoid adverse drug events.

A physician assistant or pharmacist will review your medications with you to help organize and list your medications and remove any that have expired. Your pharmacist or doctor can provide more details, adjust medications as needed and answer your questions.

## Here's how it works:



**1.**  
Gather ALL of  
your medications  
& supplements



**2.**  
Place them in  
your bag



**3.**  
Meet with a clinician for  
a free consultation

For more information, call your local pharmacy or visit [www.hqin.org](http://www.hqin.org)