



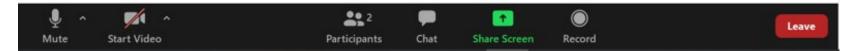




Knocking Out Workplace Violence: Strategies for Reducing & Preventing a Rising Trend

November 15, 2023

Logistics – Zoom Meeting



To ask questions, click on the **Chat** icon. At the end of the presentation, you will also be able to unmute to ask a question verbally.

You may adjust your audio by clicking the caret next to the **Mute** icon.

Resources from today's session will be shared after the call.





Health Quality Innovation Network

Today's Presenter



Laura Castellanos, MHA

Associate Director, Clinical Affairs and Workforce American Hospital Association









Session #2

The American Hospital Association Hospitals Against Violence Program

Learning Objectives

- Describe the aim of the AHA Hospitals Against Violence program
- Share resources to support hospitals in developing workplace violence prevention programs
- Review new and growing areas of focus related to preventing workplace violence





Advancing Health in America



Hospitals Against Violence

Health Quality Innovators

November 15, 2023

VIOLENCE AGAINST PEOPLE IN HOSPITALS Sara Perazzi, MSc Membership & Project Manager International Hospital Federation

Violence is a global public health crisis

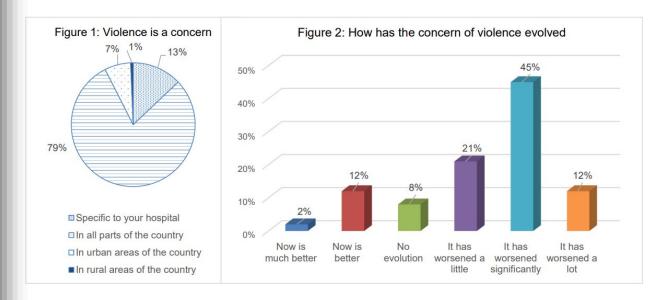
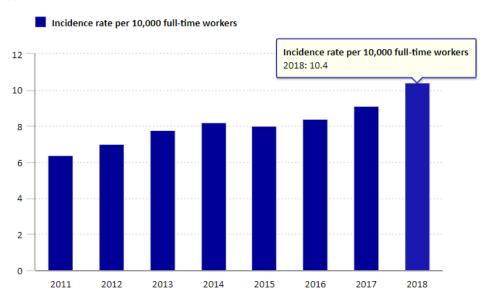




Chart 1. Incidence rate of nonfatal workplace violence to healthcare workers, 2011-18

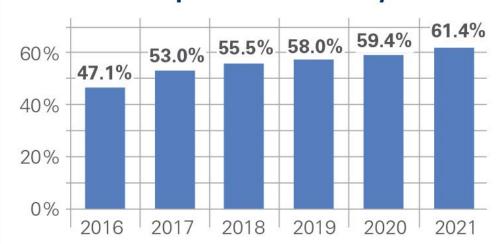


Click legend items to change data display. Hover over chart to view data. Source: U.S. Bureau of Labor Statistics.



https://www.bls.gov/iif/factsheets/workplace-violence-healthcare-2018.htm

Workplace violence prevention initiatives at U.S. hospitals and health systems



Source: American Hospital Association Annual Survey, 2016 - 2021.

HAVhope

A national day of awareness to end violence

AHA 2023 Advocacy Agenda

Providing a Safe Environment to Care

Enhance workplace safety for all team members, including by enacting federal protections for health care workers against violence and intimidation, and providing hospital grant funding for violence prevention training programs, coordination with state and local law enforcement, and physical plant improvements.





HAV Advisory Group Meetings

- 7 video conference calls
- In-person meeting at AHA Leadership Summit
- Two working sessions
 - Trauma Support
 - National Mass Violence Victimization
 Center
 - Culture of Safety
 - Northwell Health's Safe Place initiative







In 2016, the AHA's Hospital Against Violence (HAV) initiative was created in recognition of the **growing public health threat posed by violence**. HAV supports AHA members and the health care field as they work to combat workplace and community violence by:



Providing educational offerings, tools and resources



Identifying national partnerships or coalitions



Supporting data and information collection and research

Community Violence

- Combating Human Trafficking
- Gun Violence Prevention
- Mass Violence Incidents

Workforce and Workplace Violence Prevention

- Culture of Safety
- Mitigating Risk
- Violence Intervention
- Trauma Support



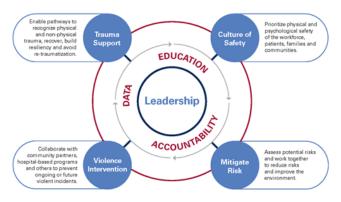
Advancing Health in America

Building a Safe Workplace and Community

A Framework for Hospital and Health System Leadership

AHA's Hospitals Against Violence framework helps guide hospital and health system leadership address the issues of violence in their workplaces, with an emphasis on educating and protecting the workforce. In this effort, we must acknowledge that community violence encroaches into the health care setting, and our workforce is part of the community.

Leadership should push for greater data collection, collective accountability, and ongoing education and training. With this approach, we can achieve the four pillars necessary for implementing a comprehensive violence mitigation strategy: trauma support, violence intervention, culture of safety and mitigating risk.

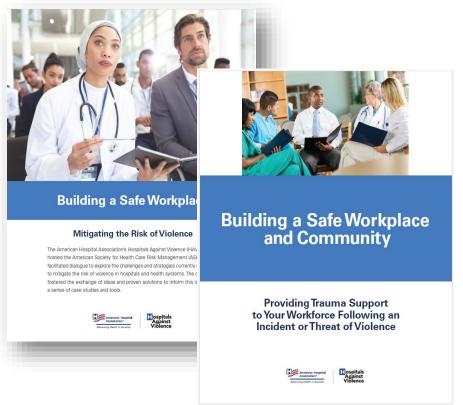


To learn more about the AHA's **Hospitals Against Violence** initiative, visit **www.aha.org/HAV**.



Foster safety for your workforce, in your workplace and in your community.

HAV Framework





Case Studies

- Case studies featured in our Issue Briefs:
 - Inova Health System <u>"Utilizing Multidisciplinary Teams to Reduce Violence at Inova Health"</u>
 - NewYork-Presbyterian <u>"EMR flagging and behavioral health response training reduces violence at New York-Presbyterian health system"</u>
 - Bristol Health <u>"Leveraging Community Partnerships to Take a Stand Against Hospital Violence"</u>
 - Centra Health "Response Toolkit Guides Staff to Resources after Workplace Violence"
 - Geisinger Health "Personnel Crisis Response Team Coordinates Interdisciplinary Response to Crisis Situations"
- More to come in 2024







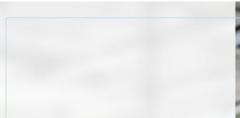
Toolkit for Mitigating Violence in the Workplace



Guiding Principles

- Organizations should use evidence-based strategies to address all aspects of workplace violence.
- Address workplace violence with comprehensive solutions from establishing a zerotolerance workplace to recognizing the intersecting layers of intrusive, consumer, relational and organizational violence.
- Mitigate workplace violence by establishing support from human resources, nursing staff, legal services, security, risk management and other areas of staffing support.
- 4. Promote a culture of safety to create a healthy work environment, which leads to improved job satisfaction, less absenteeism, reduced turnover and nurse retention.
- Effective workplace violence prevention requires commitment and action from interprofessional teams including leadership, staff, patients and visitors.
- 6. Everyone in the organization is accountable for upholding foundational standards of non-violent behavior, regardless of position or discipline.
- 7. Encourage the health care team to identify and address violence in the workplace.
- 8. Create a culture of nonviolence through intention, commitment and collaboration from everyone in an organization.
- Address workplace violence to increase the effectiveness of nurse-delivered care and patient care experience.

https://www.aonl.org/system/files/media/file/2022/10/AONL-ENA workplace guiding principles.pdf



Creating Safer Workplaces

IAHSS

A guide to mitigating violence in health care settings

American Hespital

Advancing Health in America

A collaboration between the American Hospital Association (AHA) and the International Association for Healthcare Security and Safety (IAHSS) to recommend action steps for hospital leaders to build a safer workplace.



Creating Safer Workplaces:

Safety Strategies that Worked

Security Measures Elevated at Norton Children's Hospital

Keeping staff safe from aggressive patients and visitors in top of mind at Louisville, Ky-based Norton Children's Hospital

When behavioral health admissions and visitor aggression increased, all staff, including physicians and security officers, were trained on verbal deescalation strategies. A core proup of individuals were also educated or nonviolent crass intervention.

Leaders minimized passible every points, stationed security officers at locations that remained open and screened visitors more thoroughly. They also posted a plades in all care areas to promote un arrespersant of

were fired, and rounding increased throughout the hospital, gutdoor gampus and paragrap. Security officers underwent additional training and are now armed and educated to safely use Tasers, which has helped them to de-escalate certain incidents. For avantale, when a patient reportly channel at a staff nomber with a knife, a security officer deale faser on the patient to safely stop the attack.

"This allowed up to take the knife for safe the patient to a safer environment, and or president and other nursing officer at Non-Norton leaders have also strengthened th merpency department 24 hours a day, s

"Our emorgency department stoff will tol excellence the notice officer county then



Changing Perceptions About Safety Event Reporting at Advocate Aurora Health

Advocate Aurora Health, dual health partiered in Milwayses Wis., and Downers Grove. III., made event reporting a top priority by recognizing it as a strategic organizational goal Staff developed an internal formula to standardize safety I ves, medical groups and more departments) throughout 100-day periods. This framework helped leaders create and follow safety objectives, further enhancing its outsize.

Creating Safer Workplaces:

Safety Strategies that Worked

To achieve this, staff had to overcome negative perceptions

"Event reporting has historically been considered a form of a write-up," suict blac Lindgren, Ashrocate Autora Health safety leader. "Therefore, team members assumed reporting safety." Advocate Autora's executive leadership combated this line

Thefair than mode management trying to convince

fors, the importance of



chief nursing officer, said the o teem built a workplace violence pecific multichennel communica ngaparient of foor members, or our seam members."

ertise, decreased engagement ction also hind a workforce s no the overall safety program program. Increased reporting



Creating Safer Workplaces:

Safety Strategies that Worked

Strict Entry Procedures at St. Joseph's Hospital of Buckhannon in W.Va

Buckhannon in West Virginia, a critical access hospital, realized they needed to strengthen their security presence and add safety controls to their slashed his own wrists with a knife during an the entire staff. "He could have just as easily lunged at [the

nursel," said St. Joseph's President Skip Giolberg This event caused us to reassess the safety of our staff and patients."

In response, the organization doubled its safety team, adding security officers among other staff. it was worth it

As a result of the investr are on duty during each hospital shift, with one dedicated to monitoring the ER entrance. Leaders also added extra security cameras and security lock

boxes outside hospital entrances, where local law enforcement and fire department officers can access keys to the facility, maps of the building, badges and other necessary items in case of emergencies.

(Awareness, Vigilance, Avoidance, Defense and Escape/Environment), to educate staff and security officers on

Leaders also train security officers on how to use gel-based pepper spray — aerosol spray can infiltrate the ventilation system — and handcuffs. The officers do not use firearms or stun guns.

entry points. They ordered the front lobby closed after 5 p.m., when visitors and patients must enter through the ER entrance. This area features a controlled access door that requires an additional badge or access code

Leaders also regularly survey staff about their safety concerns and address those worries on a consistent basis. Giolhera said these measures have improved the security of the facility and the safety of patients and staff

"[Staff] feel more confident in their duties, and they just feel safe in at the hospital itself," Gjolberg said. "Just walking out to the parking lot at night and knowing that there's security present" makes a difference

02021 American Hospital Association | January 2022







Creating Safer Workplaces: Safety Strategies that Worked Building a Culture of Safety with Peer-to-Peer

Support at CHI Health From 2019 to 2020, Omehr, Neb -based CHI Health reduced

Association, Consput onal Safety and Fleeth Administration

"The graff ration from this process was impressive to each risk manager. "We had a great learning experience and know

provides. They have trained abute care staff to respond to Leaders also created an intensive post-assault management process, which involves regular to low-ups with assault. eury/york. Staff log and track all attacks on staff and complete.

care reviews. Leaders train stell to support employers post-areast, providing stall with scopped questions to be o manage.

After surviving staff who experienced assault, safety leaders learned that survivors generally preferred to converse with colleagues over other self-care approaches "I draft feel I have much time to take snoon to use self-one took while I am working " one owned survivor

comments. Tigenesity rely on the positive relationships I have with my co-workers to west or to have a moment of it agrees when I need to decomplete." Leadors responded by implementing a points-peer support program, "Stress Fast Aid," modeled after a template developed by Schwortz Center Roands for

Healthcare. CHI system leaders are currently recruiting peer champions to participate in the program. Safety leaders also studied wallenge manuals and partnered with albehay gold health wellie boy coordinator to improve how staff responded to violence in the long term. They employed a workplace violence prevention policy and applied an incident reporting stentification system apelatic to workplace violence.

Leaders also posted signs in public areas emphasting the system's intolerance for victerios, which has already southed in "a significant discovers in occurrences" in the system's Des Moleos, love, facility

"Addressing the apportunities took time, and manpower," said Hertzig, "Education remains our barrier due to sezouroes, funds and endorsersest."

45 ST American Vogotel Association 1 January 2022













SECTION 1

SUPPORTING THE TEAM



coording to the U.S. Department of Labor, the health care and social services field experiences the highest rates of injuries caused by workplace violence, jeopardizing their ability to care for their communities.

Even before the COVID-18 pandemic, hospitals and health system teams experienced violence, from bullying and incivity to active shooters, intimate partner violence, obseratedss, homicides and suicides. However, the compounding traums of the pandemic has heightened the need to create a safer workplace, both physically and psychologically, and a more realisant workforces.

Considerations for hospital and health system leaders

As you dentify and assess violence prevention initiatives at your organization, consider the various roles, such as security leaders, clinical and administrative leads, patient advocates and community vortices, which contribute to creating a culture of safety. Ensure that these roles are part of discussions to identify resources to improve safety, connections to existing programs and implementation of violence mitigation efforts. Workforce safety should be part of your organization's owerall safety program with the goal of creating a safe environment for all.

19 I www.aba.org/workforce





Top Takeaways for CEOs

safety of your workforce and the patients they serve.

2 Focus on prevention by regularly

assessing vulnerabilities, supporting

encouraging reporting, and prioritizing

violence prevention programs.

education and training for your

Support those experiencing trauma

due to violence and recognize that

involved with dangerous events.

trauma can impact those not directly

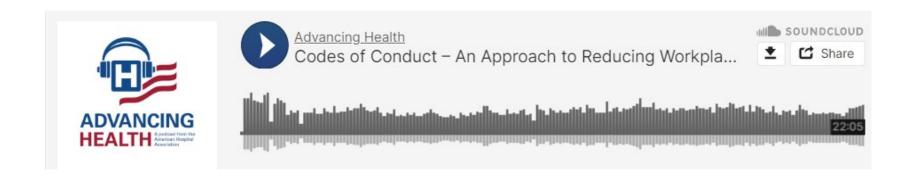
Create a culture of safety by prioritizing physical and psychological



- Chapter 3: Workplace Violence Prevention released June 2022
- The HAV advisory group, framework, AHA-IAHSS guide, case studies and other key stakeholder discussions informed the "top takeaways"



Codes of Conduct Podcast



Last year, Massachusetts health care workers faced a threat, verbal abuse or a physical assault every 38 minutes on average. A report on the situation summarized it with one word: untenable. The report also recommended a new patient and visitor Code of Conduct to help promote a safe and respectful environment.



STATEWIDE PATIENT and FAMILY CODE OF CONDUCT POLICY

Exceptional patient care requires a safe, supportive, inclusive, equitable and respectful environment that involves a commitment by patients, hospital staff, families, and visitors to maintain such an environment.

Behavior that interferes with the delivery of healthcare or creates an unsafe and disrespectful environment is unacceptable.

Connecticut hospitals and health systems will not tolerate actions that intentionally disrupt any healthcare environment, including inpatient, outpatient, office-based, and home care settings. Such actions include:

- Aggressive or violent behavior, such as physical assaults, threats (verbal and non-verbal), or abusive language
- Discriminatory language
- Language or actions that may be perceived as sexual harassment
- The possession of weapons of any kind in hospital or health system facilities

The safety of patients and staff are a top priority of Connecticut hospitals. Behavior that jeopardizes their safety may result in potential consequences, including being asked to leave the facility.

This policy was developed at the direction of the Connecticut Hospital Association (CHA) Workforce Sustainability Task Force by the Workplace Violence Prevention Work Group. It was approved by the CHA Board of Trustees on October 4, 2023.





Connecticut Hospital Association



connecticuthospitalassociation





MHA Member United Code of Conduct Principles

Approved by the Board of Trustees on January 26, 2023

Promotion of a Safe and Respectful Environment

- Healthcare organizations are committed to uphold a Code of Conduct to maintain a safe, inclusive, equitable, and respectful environment for patients, staff, and visitors.
- Healthcare organizations commit to the creation of policies and practices that promote the protection of staff, patients, and
- A safe environment promotes patient, visitor, and staff safety.
- Offensive, abusive, or discriminatory language or behavior undermines the safety of patients and staff.

Code of Conduct Violations Could Include, but Are Not Limited to:

- Disrespectful, aggressive, abusive, or violent behaviors or actions towards staff, patients, and visitors.
- Threatening, discriminatory, bullying, disrespectful, or offensive language towards staff, patients, and visitors.
- Possession of weapons or firearms.
- Disruption of other patients' care or experience.
- Taking photos or videos of patients, visitors, and/or staff without permission.

Potential Consequences

All violations will be addressed by hospital staff per the organization's policies and procedures.

- Patients violating the code of conduct may be asked to continue their care plan elsewhere and their future ability to obtain non-emergent care at the facility may require further review.
- Anyone found violating the code of conduct may be asked to leave and future visits may be restricted.
- The hospital may report violations of personal conduct to appropriate authorities.

Maintenance of Code of Conduct

- Alert members of your care team if you witness or are a victim of behaviors or actions that violate the Code of Conduct.
- Retaliation for reporting a violation is prohibited.
- Staff will report all observed or experienced violations of the Code of Conduct to the appropriate individual or offices per the organization's violence prevention policy.

Collaboration with the FBI's Behavioral Analysis Unit



Advancing Health · Assessing Threats of Violence to Hospitals With the FB

John Riggi, AHA national advisory on cybersecurity and risk, hosted a podcast with Karie Gibson, Psy.D., unit section chief of FBI's Behavioral Analysis Unit-1 and the Behavioral Threat Assessment Center.

Gospitals Against Violence

Facility Safety and Security in Health Care Virtual Convening

December 7, 2023 12:30 - 1:45pmET

The AHA's Hospital Against Violence initiative presents a 75-minute virtual convening exploring facility safety and security strategies and the technologies that aim to mitigate workforce and workplace violence. Join us to learn about new and innovative approaches to prevent targeted violence, improve physical and psychological safety and increase collaboration with law enforcement.

https://www.aha.org/education-events/facility-safety-and-security-health-care



Regional Convening

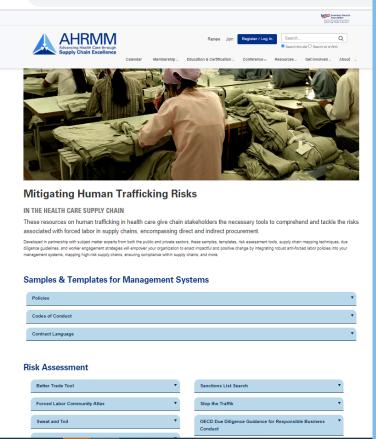
Tuesday, May 9, 2023 10:00 a.m. – 4:00 p.m. ET

Reception to Follow

Jones Day New York Office | 250 Vesey St, New York City



ahrmm.org/human-trafficking-supply-chain





National Mass Violence Victimization Resource Center

READINESS • RESPONSE • RESILIENCE

nmvvrc.org



December 1, 2021

Following the tragic deaths of three people and the physical injuries to eight people in Oxford, Michigan on November 30, we at the National Mass Violence Victimization Resource Center believe the resources below may provide some guidance for the community in the coming days and months.

Resources for Educators

- Self-Care Strategies for Teachers and Providers | Read <u>here</u> via NCTSN
- Helping Youth After Community Trauma:
 Tips for Educators | Read <u>here</u> via NCTSN
- Supporting Children After Mass Violence Events: A Compendium of Resources for Educators | Read here
- Psychological Impact of the Recent Shooting (for teachers and parents) | Read <u>here</u> via NCTSN

Resources for Parents, Caregivers and Teens

- Suggestions for Parents Mass Violence Incidents | Read here
- Parent Guidelines for Helping Youth After the Recent Mass Shooting | Read <u>here</u> via NCTSN
- Helping Teens with Traumatic Grief Tips for Caregivers | Read <u>here</u> via NCTSN
- Tips for Talking with and Helping Children and Youth Cope After a Disaster or Traumatic Event: A Guide for Parents, Teachers and Caregivers | Read here via SAMHSA
- For Teens: Coping After Mass Violence | Read <u>here</u> via NCTSN

Resources for Coping and Managing Distress

 The NMVVRC self-help app, Transcend NMVC, is available on both <u>Apple</u> and <u>Android</u> mobile phones

- Twelve Self-help Tips for Coping in the Aftermath of Mass Violence Incidents | Read <u>here</u>
- Tips For Survivors: Coping With Grief After A
 Disaster Or Traumatic Event | Read <u>here</u> via
 the SAMHSA
- Managing Distress: Grounding Tips for Crime Victims, Survivors and Family Members of Mass Violence Incidents | Read here
- Trauma-Informed Mindfulness and Meditation | Read here
- Mass Violence resources with child and family focus | Read here via NCTSN

Resources for Community and Civic Leaders

- Timeline of Activities to Promote Mental Health Recovery: Recommendations Before, During and Following A Mass Violence Incident | Read here
- Tips for Community Leaders: Managing Donations | Read here
- Tips for Community Leaders: Managing Volunteers | Read here

Crime Victim Compensation

 Michigan Department of Health & Human Services, Crime Victim Compensation | Click here

About the NMVVRC:

The National Mass Violence Victimization Resource Center is located at the Medical University of South Carolina, Department of Psychiatry & Behavioral Sciences, and receives funding from the U.S. Department of Justice's Office for Victims of Crime. Learn more about us on <u>www.nmvrc.or</u>.

This project is supported by Award No.2020-V7-0X-0X02 awarded by the Office for Victims of Crime, Office of Justice Programs, US Department of Justice. The opinions, findings, and conclusions or recommendations expressed in this inabilitation are shown of the pathential and do not necessarily reflect the yieas of the Department of Justice or the Office for Victims of Crime.



Q

Human Resources

MUSC Home > About > MUSC Catalyst News > NMVVRC

Department of Justice awards almost \$9 million to MUSC-based mass violence center

Helen Adams | October 12, 2023



Amy Solomon, assistant attorney general with the Office of Justice Programs in the Department of Justice, applauds while announcing the new grant for the National Mass Violence Victimization Resource Center. Photos by Sarah Pack

The U.S. Department of Justice has awarded almost \$9 million to the National Mass Violence Victimization Resource Center. which is based at the Medical University of South Carolina.

Amy Solomon, assistant attorney general in the Office of Justice Programs in the DOJ, made the announcement. "This new grant from the Office for Victims of Crime will continue the center's vital work by expanding our foundation of evidence-based practices centered on addressing the behavioral health needs of survivors." she said during a visit to Charleston.

"It will enable the center to provide more training and site-based assistance, including community-based learning collaboratives that will help strengthen emergency response strategies. And it will support a national conference to convene the experts and stakeholders to share best practices as the center has done. All along, we'll build on the lessons we've

DOJ Grant on Mass Violence

- AHA is a principal partner, along with the National Governors Association and the US Conference of Mayors, and awarded a threeyear extension.
- Sub-grantee since its inception in 2017.
- HAV manages the "Supporting Victims and Communities of Mass Violence Incidents," a resource page for members to prepare and respond to incidents of mass violence.



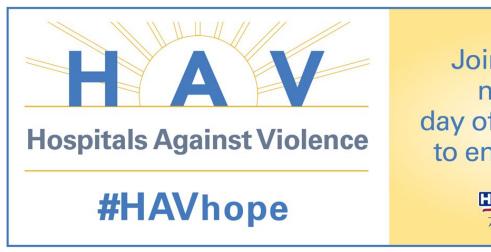
Podcasts on the Public Health Approach to Gun Violence



https://www.aha.org/advancing-health-podcast/2022-08-19-cost-gun-violence-hospitals-northwell-healths-center-gun



https://www.aha.org/advancing-health-podcast/2022-09-28-role-firearm-safety-preventing-suicide



Join us for a national day of awareness to end violence



Join us June 7, 2024, for #HAVhope Friday: National Day of Awareness to End Violence



"Delivering effective care is all about trust at every level – the providers, patients, families, communities... Violence or fear for safety breaks that necessary connection for healing and acts like an infection to make everything harder and more complex... generation after generation."



James Leonard, M.D.
President and CEO
Carle Health





Contact Me Anytime

Laura Castellanos • 202.626.2342 • Icastellanos@aha.org











Upcoming Events

Knocking Out Workplace Violence

- Affinity Group #2: Tuesday, November 28 | 1-2pm ET
- Learning Session #3: Thursday, November 30 | 1-2pm ET

December Office Hours

"Should I stay or should I go? Evidence from the Pandemic and Promising Solutions to Address Clinician Burnout"

Thursday, December 14 | 12-12:30pm ET







CONNECT WITH US

Call 877.731.4746 or visit www.hqin.org



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