



## Use your voice to help organizations that provide diabetes education improve their programs.

With your help, we can work towards:

- Making sure diabetes information is easy to understand
- Increasing the number of diabetes programs in your community
- Making sure everyone who needs diabetes education gets it
- Helping people with diabetes to take better care of their health

**The Patient & Family Advisory Council is a group of people who work together to improve diabetes care in their local area. They have diabetes, care for others with diabetes or want to improve healthcare.**

## Becoming an Advisor - Frequently Asked Questions

### What will I do as an advisor?

You may be asked to review educational materials. You will also share your health care experiences with other advisors. Sharing ideas and experiences can help make diabetes education programs better for people in your community.

### Am I a good candidate for the Patient & Family Advisory Council?

Being an advisor may be a good match for your skills and experiences. As an advisor, you can talk about the good and bad experiences you have had with your healthcare. You can share what went well and what could have been better.

### How often will I have to participate?

Advisors volunteer to attend one meeting a month for four months. After four months, the meetings will be once every three months. You can attend by phone or computer.

### What is the time commitment?

You should plan to spend 1.5 to 2 hours a month on Council activities.

### How can I learn more?

Scan this QR code with your smartphone



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