

# Prescribed opioids? Get informed.

Opioids are used to treat pain,  
but also have serious side effects.

## Commonly prescribed opioid medications include:

- Morphine
  - Oxycodone
  - Hydromorphone
  - Hydrocodone
  - Fentanyl
  - Codeine
  - Methadone
- and more...**



For resources and information visit:  
[www.HQIN.org](http://www.HQIN.org)

## ➡ Prescription opioid safety:

- Take medication as prescribed.
- Never take someone else's medication or share your medication.
- Avoid driving or drinking alcohol while taking opioids.

## ➡ Safely store and dispose of opioid medications:

- Store medications in a secure, preferably locked, location.
- Empty your medicine cabinet of all unwanted medications.
- Ask your pharmacist about medication disposal bags or where to find a take back site.

## ➡ Know the signs of overdose:

- Not breathing, slow or shallow breathing
- Pale or bluish skin
- Slow heartbeat, low blood pressure
- Not responding, won't wake up

## ➡ Treat an overdose with naloxone:

- **Call 911 and give naloxone.**
- **Give rescue breaths.** Ensure airway is clear. Give 1 breath every 5 seconds.
- **Place person in recovery position** (below) once they are breathing.
- **Naloxone wears off in 30-90 minutes. Get help** even if breathing occurs after a single dose.

head should be tilted back slightly to open airway

