# **Urine Culture Diagnostic Stewardship**

Aim to improve patient outcomes by optimizing the ordering of urine cultures.

# **Reducing Unnecessary Urine Cultures in Patients With or Without Urinary Catheters**

## **Patients Without Urinary Catheters**

#### **Appropriate**

Dysuria, suprapubic pain, flank pain, Costovertebral angle (CVA) tenderness, or septic shock

#### **Uncertain**

Fever or systemic leukocytosis with no other known cause

## Inappropriate

Altered mental status, or change in urine characteristics (color, sediment, smell)

#### **Patients With Urinary Catheters**

## **Appropriate**

Dysuria, suprapubic pain, flank pain, Costovertebral angle (CVA) tenderness, or septic shock

#### Uncertain

Fever, systemic leukocytosis with no other known cause, or delirium

## Inappropriate

Change in urine characteristics (color, sediment, smell)

## **Getting Started**

- Evaluate current processes for obtaining urine cultures (avoid automatic triggers or screening cultures with no appropriate indications)
- Evaluate practice patterns (avoid PAN culturing)
- Provide education on when it is appropriate to obtain urine cultures
- Have periodic audits on urine culture use to look for trends
- Promote appropriate urinary catheter use to reduce risk of bacteriuria/funguria

#### **Appropriate Practice**

- Use elevated urine white blood cell count as a criterion to reflex to urine culture when a clinician orders a urine culture (all settings)
- Obtain culture as part of an evaluation of sepsis without a clear source (CAUTI is often a diagnosis by exclusion)
- Obtain culture based on findings suggestive of CAUTI (example, pelvic discomfort or flank pain

CAUTI: catheter associated urinary tract infection

## **Inappropriate Practice**

- Obtain culture based on pyuria in an asymptomatic patient
- Obtain culture based on urine quality: color, smell, sediments, turbidity (does not constitute signs of infection)
- Utilization of screening urine cultures (whether on admission or before non-urologic surgeries)
- Routine standing orders for urinalysis or urine cultures without an appropriate indication
- "PAN" culturing (mindfulness in evaluating source is key)
- Obtain culture on asymptomatic elderly and people with diabetes (high prevalence of asymptomatic bacteriuria)
- Repeat urine culture to document clearing of bacteriuria (no clinical benefits to patient)

Optimal Urine Culture Diagnostic Stewardship Practice | Clinical Infectious Diseases

Healthcare-Associated Infections (HAIs) | CDC

