

Masking Matters!

Wear a mask when:



- **Source control** is needed to protect from the flu, and when COVID-19 community transmission is moderate or high
- Providing care to persons with suspected/known respiratory infections, like the flu

Wear a NIOSH-approved respirator when:



- Caring for a person with suspected or confirmed COVID-19
- Caring for a person with suspected or confirmed tuberculosis (TB)

Source Control

using masks or respirators to cover a person's mouth and nose to prevent the spread of infections when they are breathing, talking, sneezing or coughing.

Additional Resources



[Weekly US Map: Influenza Summary Update | CDC](#)



[Isolation Precautions Guideline | CDC](#)



[COVID Data Tracker | CDC](#)



[Respiratory Virus Guidance | CDC](#)



[Masks and Respirators | CDC](#)



[Masks are a Critical Public Health Tool | APIC](#)