## Did you know?

In some cases, you may need an additional vaccine, based on your health, chronic conditions or immune response. Talk to a clinician for guidance on when you are due.

## Why Take the Vaccine?

- Nursing home residents are at high risk for serious illness from COVID-19.
- The virus changes over time, so it is important to get an updated vaccine when it is available.
- Getting a COVID-19 vaccine is a safer, more reliable way to build protection than getting sick with COVID-19.
- COVID-19 vaccines protect those who had COVID-19. That can help them avoid going to the hospital from a new infection.
- COVID vaccines greatly reduce the risk of long COVID.
- If you become sick with COVID-19, you can spread it to others even if you do not feel sick.
- COVID-19 vaccines help build immunity from the virus.
   Since they fade over time, getting vaccines when you are due for them can help keep us all safe.

## **The Facts**

- You can get a COVID-19 vaccine and other vaccines –
  including flu, pneumococcal, and RSV at the same time.
- COVID-19 is like the flu. Because the virus changes, it is important to get an updated vaccine at least once a year.
- You should get a COVID-19 vaccine even if you had a COVID-19 infection.
- Nearly all the ingredients in COVID-19 vaccines are also found in many foods fats, sugars, and salts.
- COVID-19 vaccines do not create or cause variants of the virus that causes COVID-19.
- COVID-19 vaccines do not contain microchips, and they cannot make you magnetic.
- COVID-19 vaccines do not change or interact with your DNA in any way.

## Simple Strategies for Encouraging Residents to Receive the COVID-19 Vaccine



